

**MARCH 22
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**Frettenham Village
NEWSLETTER**

PUBLISHED QUARTERLY BY
FRETTEHAM PARISH COUNCIL FOR FREE
DISTRIBUTION



**NEW EDITOR FOR FRETTEHAM
NEWSLETTER NEEDED!**

Having done the newsletter for the last nine years, my commitments have now changed. It has become difficult to put the time aside which is necessary to produce the quarterly newsletter. My last newsletter will be June's Edition, to allow someone to take over from me.

Anyone who is interested in doing the newsletter, please get in touch:

01603 737455, or email me on

frettenhamnewsletter@gmail.com

I'm happy to go through the simple internet steps to produce it.

Greg

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Village Website <http://frettenham.org.uk>

NEXT COPY DEADLINE: 5th May 2022

Parish Council News

Cantilever bus shelter School Road: The Parish Council are still awaiting confirmation of 50/50 funding for the shelter.

Xmas lights: The winner of the Christmas Lights was Acorn House on Pound Hill.

Frettenham against speeding traffic: There is now a working party exploring possible solutions for this problem.

Annual Precept: The budget has now been agreed by the Parish Council and the precept for 2022/2023 will be £8,590.00

Defibrillator unit: Just to remind residents old and new that there is a de-fib unit attached to the school wall and the second de-fib unit has now been installed outside the Rose & Crown.

Highways issues: One of the main problems during the last few months has been flooding in many areas of Frettenham. All the problem areas have again been reported to Highways.

Highway problems are always discussed at our meetings and the Parish Council will carry on reporting any problems but you can also contact Highways to report any potholes etc. at highways@norfolk.gov.uk

Frettenham Mobile Post Office Service: This service takes place on Wednesday mornings from 10.30 to 11.30. The mobile van parks in the Village Hall car park. A wide range of services will be available. Customers can still collect benefits in cash using the everyday banking services or Post Office card account.

Wheelie bin collection details: The annual calendars for all bin collections have now been **made digital**, so can be accessed by residents via the **Broadland District Council website** and be **printed at home** or **downloaded** onto computers/mobile devices.

This change has been made due to **increased online access** and the issues we've had when delivering the calendars during the **bad weather** we typically experience at this time of year. As calendars are left under residents' bin-lids **rain can damage them** and results in many **calendars being unusable**. To counter this we have made the decision to put the calendars online only and we will not be delivering calendars under the bin lids as normal. Residents will be able to find the calendar relevant to them by

using the online bin finder.

If there are **issues surrounding computer/internet access** we are able to **print copies internally** and **send them to residents** via post.

Also available is Assistance with Bin Collection: An assisted service is available to elderly, infirm or disabled residents who cannot manage to put their bins out for collection. To confirm if you are eligible for this service contact Environmental Contracts on 01603 430534 or e-mail contracts.envhealth@broadland.gov.uk

Are you as a group organising something for the Platinum Jubilee Celebrations?

If you are the Parish Council would like to offer some financial support. Please send any details of what you have planned to frettenham.p.c@btinternet.com

The annual parish meeting will be on Friday the 13th May at 7.30pm.

Journey of a District Councillor

Firstly, let me wish you a Happy New Year for the Chinese year of the Tiger. We are emerging out of the pandemic it seems but it is going to be a difficult year for some. We are still trying to juggle COVID restrictions especially as children return to school, our plans for the future, rising energy, cost of food and cost of fuel. It might feel a bit overwhelming. It seems we have got through two years of the pandemic only to be hammered by everything all at once. So much for the Tiger year I hear you say. There is help out there though, do not struggle alone, continue to just check in with neighbours make sure they are OK. We do not know how the discount on the council tax is coming through, but as soon as that is clear let's share that information through the community facebook pages or next door.

There are lots of plans to be made this year for local groups, some of you may want to start a group celebrate the Queens Platinum Jubilee. This could be a street party or fitness group or a bench, village flower containers, or even planting a mature tree. There are lots of possibilities. There is the Ward fund – I get to give up to 500 pounds to community groups in any of the three villages; Frettenham, Buxton and Brampton for groups that have:.

“a project or activity that promotes communities working together and enhances the quality of life of people living or working in the Ward, this may be within the Ward boundary or beyond”. So, this is pretty broad and I have helped lots of groups so far. Ask me and I will make sure we find some funds for your group. You need to contact me so I can help you with the application.

There are also “Get It Started Grants” that provide funding for individuals or groups that are inspired to bring communities together to form not-for-profit organisations. As long as you can demonstrate the need for your

idea and have a clear plan of how the funding will be spent you can apply and we can award funding to the organiser’s account. There is no need for a dedicated bank account or evidence of constitution

The council is looking to support ideas that:

- encourage residents to come together in positive and supportive ways
- inspire people to get active, participate and fulfil their potential
- promote and support health and well-being in the community

provide innovative activities that respond to local needs

Funding can be up to £300 and can be used for anything needed to get the idea off the ground, and could include equipment purchase/hire, venue hire, promotional materials, transport etc. You will need to research the costs of your project accurately to apply, and not simply provide general estimates. But if you need a hand I can help.

Broadland also have a community lottery, which if you are a local organisation you can sign up to raise money by selling lottery tickets.

<https://www.communityatheartlottery.com/>

There are other ways to do some fund-raising, three of our groups in Buxton got together to have a scarecrow competition, which was wonderful. Whatever ideas you have let me know as I would like to help you either raise the money you need or match any funds you raise. Lets make 2022 a year to remember for looking out for each other, community projects, and celebrating together. Let me know if you are planning something or just thinking about it at the moment I would love to know about it.

Cllr.Karen.Lawrence@southnorfolkandbroadland.gov.uk or
Karen.lammasbuxton@gmail.com

News – what will be coming that will affect District and Parish Councils. The Environment Act was passed in 2021. The inclusion of a legally-binding 2030 species abundance target has the potential to boost efforts to reverse the decline in wildlife and will put the UK on the path towards protecting 30% of land and sea for nature by 2030. It also has a new requirement for planning applications to provide Biodiversity Net Gain will encourage developers to put nature at the heart of their work, whilst Local Nature Recovery Strategies will create the framework for a national system of interconnected sites for nature.

Two things that may be of interest:

Developers need to put in at least a 10% net gain in Biodiversity in their projects. There is a tool to calculate it from Natural England, and to use it you need to know:

the types of habitats - on-site and off-site

the size of each habitat parcel in hectares - or kilometres if it is linear (rivers and streams, hedgerows and lines of trees)

the condition of each habitat parcel

whether the sites are in locations identified as local nature priorities

For landowners, farmers and land managers, there are now Landscape recovery grants on areas of 500 ha to 5000 has (open until 24th May) for 2 year funding from government to carry out the following projects:

Recovering and restoring England's threatened native species.

Projects under this theme could recover priority habitats, improve habitat quality, and increase species abundance.

Restoring England's streams and rivers: improving water quality, biodiversity and adapting to climate change – these projects could restore rivers to a more natural state, reduce nutrient pollution, benefit aquatic species, and improve resilience to climate change (for example by reducing flood risk).

For example, you could apply if you are planning a project to:

- build, expand or link nature reserves
- create and improve woodland
- develop a mosaic of habitats
- restore water bodies, rivers, and floodplains to a more natural state
- improve bogs, fens or saltmarshes

There are some districts and parishes that have community orchards, which might be something to think about for the next tree planting season. If you are interested in any of these schemes please get in touch.

Cllr.Karen.Lawrence@southnorfolkandbroadland.gov.uk or
Karen.lammasbuxton@gmail.com

Village Questionnaire

At the start of the year, the Parish Council commissioned a community survey. Thank you to everyone that replied. We wanted to give you an overview of the results and next steps.

Residents gave a number of responses that could be grouped into the following categories:

Access and roads	School
Community projects	Environmental
Neighbourhood development	Village hall
Travel	Parish Council

A significant number of responses and the most repeated request asked for footpaths to be developed on Court Hill, Pound Hill and to Spixworth. It is clear that residents are driven by a desire to have safe access to other parts of the village by foot. Speeding, flooding and condition of roads were also raised. Access to reliable broadband to support lifestyle, work from home, school work and connecting with family were also common requests.

Residents also want to enjoy their local area with multiple requests to create maps of local walks. A suggestion of a community led project to revitalise the Church grounds. There was also a request to bring the local archives/photos that detail the history of the village onto a digital platform that is free and accessible to residents.

There is a desire to create a sense of community and access to a local shop was popular. Other ideas included creating a scheme to share tools and a group for new dads to get together. One request suggests that more should be done to celebrate the number of national days across different cultures to bring the village together.

Requests to modernise the village hall were made that create accessible spaces and facilities. A desire to modernise the building and increase its use/appeal. This can be supported by exploring the availability of grants. Environmental factors are also raised. A request to explore curbside food recycling, a local compost scheme as well as a terracycle point have been put forward. Wider community themes like housing, street lights, the development of a neighbourhood plan are also made.

Residents also gave a range of reasons as to why they felt their requests were needed. The most common needs to be addressed are:

- Safety
- Developing a sense of community and celebrating diversity
- Enjoying the local area
- Supporting home working and lifestyle
- Environmental concerns

Next steps

The Parish Council will review the submissions. If you have further questions, comments or want to contribute in anyway, please contact frettenham.p.c@btinternet.com

HELLO FELLOW RESIDENTS

Many of you will be aware that we recently gathered signatures regarding concerns over the number of vehicles speeding in our village. In all we collected signatures from 82 Households who all agreed this was an issue. The list of signatures was supplied to the Parish Council and as a result, they have agreed to set up a working group consisting of two Parish Councillors and four parishioners to research the problem and make recommendations regarding potential solutions.

The group is going to use the acronym **F.A.S.T.** (**F**rettenham **A**gainst **S**peeding **T**raffic) It's remit not only includes speeding measures but also general road safety issues in the village.

It's very important that our efforts to reduce speeding and improve resident's safety start at home. So, this is a plea to you all to make sure that you keep within speed limits at all times in our village. If we speed, we can't expect other drivers using our roads to observe the limits.

If any of you have specific comments on speeding or the safety of our village roads, please contact the project team via the following e-mail address fastproject@btinternet.com

Any suggestions or queries regarding other village matters should be raised directly with the Parish Clerk Mrs P Stokes - frettenham.p.c@btinternet.com or by telephone on 07562014003

FRETtenham RAINBOWS

We had a brilliant Winter term preparing for and celebrating Christmas with the Rainbows in 2021. We made cards, homemade snow globes and decorated Christmas cupcakes all ready for our final evening's party!

Some of the girls also joined in with other Rainbows and Brownies across the district for our annual Christmas Disco, complete with a special guest bearing gifts! A great time and a good dance was had by all!

Going into Spring we are going to be completing our Skills for My Future theme, we have already balanced a bucket of water on a tube made from paper, learnt to lead and listen while constructing marble runs in small teams, had a mini talent show and made our own pizzas by managing our money to buy the toppings from "Pooh Bear's Pizzeria" before assembling them for Tigger to cook.

We will be joining in with girls all over the world to celebrate the anniversary of Girlguiding at the end of February with our Thinking Day event, and looking further ahead Hautbois District will be organising a Fun Day sometime during the Summer which we will be able to enjoy with other Rainbows, Brownies and Guides.

If you know of any girls who would like to join in the fun, please give us a call or have a look at the Girlguiding website for more information. We can now take girls from age 4 provided they have completed a term at school.

Volunteers Needed!

With covid restrictions easing the Village Hall Committee would love to start running more community and fundraising events again, including a village event for the Queen's Jubilee in June. To do so, we will need some willing helpers! If you can spare a bit of time, please email us and we will be in touch when we need some help (no obligation, contact details will only be used for the stated purpose and can be removed at any time. For more info, please see the VH Privacy Policy on our website). And if you have any ideas for events to celebrate the Jubilee, please let us know!

We also need someone to help keep our Facebook page and website up to date – if you can help for approx. an hour a month please get in touch.

Pizza Pop-Up! – Bertie's Woodfired Pizza will be at the Village Hall on Friday 18th Mar

Thank you

Frettenham Village Hall Committee

frettenhamvillagehall@gmail.com

frettenhamvillagehall.org

Village Archive

Frettenham's location to St Faiths airfield (now Norwich Airport), RAF Coltishall, Neatishead radar base, Rackheath bomber base and the proximity to the east coast meant that during both World Wars Frettenham saw a lot of action.

I was born in 1938 living in Crostwick, so as a young lad grew up during the war. One of my earliest memories was when I was six. An American bomber 'The Belle of Boston' crashed shortly after take-off from St Faiths airfield, on Court Hill in Frettenham. Local garage owner Ralph Hewitt was first on the scene, there was little he could do and sadly all 10 crew members had died. My father took me to the crash site and I still remember the smouldering wreckage to this day.

In 2002 Mr Hewitt's son Trevor decided to research the crash and got permission to investigate the site and to look for artefacts from the plane. I went with Trevor on several occasions and took part in the recovery of some items from the crash site. Many items were found, from parts of the plane and personal items of the crew, including a watch which has stopped at 6.15 the time of the crash. Also recovered was an identity bracelet bearing the name Paul Elton Kingsley- one of the crew members.

As part of Trevor's extensive investigations, he tracked down the families of the crew members that had died. He was able to return personal items to the relatives some of which was donated back to Trevor for his museum. This was followed with families of the airmen coming to see the site and all of the artefacts recovered.

On the 29th August 2004 a memorial and dedication to the crew of the B24 bomber 'the Belle of Boston' took place at Frettenham Village Hall with a packed audience which included a full colour party from USAF Lakenheath. A small display of items found at the site are now on display in a small cabinet in the village hall. In addition, the museum on the Buxton Road still has all of the items recovered from the crash site along with many items from other local sites. It is well worth a visit; Trevor is able to add so many details and stories which bring everything to life. The Museum is open between April and November on the 2nd and 4th Sunday in the month.

Geoff Woods

The wounded hero



Frettenham Newsletter | January 2022

Harry Potter carries a scar; the cowboys, soldiers or alien-hunting Ripley all emerge from their fights battered, bruised and bleeding. We want our heroes to hurt. There is something right about their need to suffer to overcome adversity. Sometimes it is the cowboy, who takes a bullet to the shoulder as he rids the town of bandits. Perhaps the wounds are deeper as the brilliant but tortured detective suffers with family pain even as she brings down criminal masterminds. Books and box sets get ever more complicated, with heroes becoming ever more flawed and even villains being given a softer side.

Perhaps it feels right that our heroes pay a cost in winning their battles because we know that is how life works. The things we value and strive towards do not come easy. To be a patient mum or dad, a wise friend or a faithful partner are not easy. They require us to look to the interests of others, to make sacrifices of the things that we want and to persevere when it is tough.

These heroes give us hope. As we watch or read stories of a brave knight standing for truth, honour and those too weak to protect themselves then we feel courageous too. If the stories show us goodness, light, hope, courage and integrity they help us to savour and seek such virtues. The stories we watch and read mould us, for good or ill. There is a deeper reason, though, why we like wounded ones to win our victories. They show us what should be because they point to the hero of heroes, the one who was not only wounded but killed in winning his great battle. Jesus is the one whose story of rescue and victory at terrible cost is the great story that all others flow from. It is God's story. Jesus' great victory was won against darkness, death, evil and sin. During his three years of teaching people about God, healing the sick and welcoming sinners into his friendship, Jesus had made a lot of enemies. The religious leaders of his day were shown up by his honesty and love. In comparison to him they were self-serving hypocrites and it made them furious to be revealed as they truly were. On Good Friday they got their way, persuading the Romans to execute Jesus on trumped up charges after a sham trial. Jesus was beaten and then nailed to die on a Roman cross. Once his death was confirmed he was buried in a hillside tomb.

As he died Jesus took to himself all our selfishness and meanness. He endured all the suffering and misery of death. He was not only wounded in his fight, he was killed. The Creator of Life died and the Light of the world fell into darkness. In taking everything that death and darkness could throw at him, Jesus also won his great victory. On that first Easter Sunday, the third day after his death, Jesus walked alive from his tomb, risen and undefeated.

To win our freedom and forgiveness, Jesus had to pay the price of human wickedness. He had to die our death and experience God's anger at our wickedness so that we can live with him, so that we too can know life after death just as he does. In Jesus' death a cosmic battle was played out, and God broke the power of death, sin and darkness. Evil was defeated and one day Jesus will come back and restore all things as they were meant to be. It is good news that he suffered so.

It is also good news because it means that he can understand our suffering. The great Hero was wounded, broken and hurt. So when we are wounded, broken and hurt, desperately pleading our needs and fears before God, we pray to a Lord who understands. The hands that rest on the arms of heaven's throne still bear the wounds of rough nails. We have a God who became like us, to be with us, to understand us and to rescue us. Easter is the story of the suffering servant, the dead risen to life, the victory over evil and the wounded hero who gives us hope. Easter is the story of Jesus, and the churches in our village and round about would love to help you know, and live in, this great saga of God's glory.



Sunday, 4pm at The River Rooms

This term our meetings will be based on the Bible book of Philippians, a great place to come along and see something more of Jesus if you are curious.

Broadgrace church meets on Sundays at 4pm at The River Rooms in Coltishall. You can also join the meeting online using Zoom (details on our website).

To check what is happening and find out more about us, contact John (details below) or see our website:

www.broadgrace.org.uk

As a church we have groups for children, and discussion groups for those who would like to learn more about Jesus Christ. You are welcome to join us.

Get in touch with John Hindley for more information:

FRETTENHAM FITNESS CLUB - WHAT A YEAR!

As we enter the second month of 2022, I wanted to say thank you and share with you some of our highlights of 2021....

At the time of writing this we have held 85 classes since our very first class in May. We now have 6 classes a week including YOGA, STRONG and a TEAM TOTAL BODY WORKOUT on a Sunday. We have developed a warm and welcoming community, where we work hard but have fun! Friendships have been made, and community spirit post covid has been reignited

We have developed an amazing "junior squad" with our family friendly sessions growing in popularity and receiving great feedback on how parents love working out alongside their children (over 8s only).

Here is some of the feedback we have received from our most recent members survey:

"Since coming to classes I have really enjoyed being part of a group of supportive non judgmental people, I feel genuinely more happy and confident, coming to classes has helped me live a healthier lifestyle and I have made better choices with my diet, I work from home and miss seeing my work colleagues so much but coming to classes has given me that social contact I was really missing".

"Your classes have made me happier and more energetic, especially in the evenings. Now I can stay up much later without feeling exhausted the next day! It's been a great way to meet new people in our village and surrounding villages. I haven't really enjoyed exercising ever before but I look forward to coming to each one. Also, it's making me challenge myself to do exciting things in the future.

"Been a real confidence booster and has enabled me to meet people in the village. I definitely feel fitter and it's been great for my mental health."

"Love the community feel of the classes and getting to know others in the village. Feel much fitter and stronger with more energy from attending the classes. All in all, it's made me more confident and positive"

We have a brand new class timetable for 2022!

- 7 in person classes
- Family friendly classes - workout alongside your child or children (over 8s only)
- 1 online classes via Zoom
- 3 fully qualified and insured instructors

FRETtenham FITNESS CLUB

STRONG CLASS

MONDAY 17:15 FAMILY FRIENDLY SESSION
MONDAY 18:30 ADULTS ONLY
£5 ADULTS / £4 CHILDREN

The STRONG class is a full body workout that uses a selection of resistance equipment including barbells, kettlebells, dumbbells and sand bags to build your strength and power.

CARDIO CLASS

THURSDAY 18:30 FAMILY FRIENDLY - ALL WELCOME £5
ADULTS / £4 CHILDREN

This intense, exciting CARDIO class combine cardio and conditioning for a full-on, high-energy workout. Suitable for all ages and abilities you can push yourself as hard as you like, we encourage full throttle!

TOTAL BODY TEAM CLASS

SUNDAY 08:30 FAMILY FRIENDLY - ALL
WELCOME £5 ADULTS / £4 CHILDREN

A fun team based workout for the whole family. Work in pairs or small teams to complete a cardio, core and strength workout challenge.

YOGA

TUESDAY 09:30 & THURSDAY 19:45 £7

In this class the basic, foundational yoga postures are practiced to align, strengthen and promote flexibility in the body. Breathing techniques and meditation are also integrated. You can expect an emphasis on simplicity, repetition, and ease of movement.

RISE & SWEAT - ONLINE

WEDNESDAY & FRIDAY 06:15 VIA ZOOM £3

45 minute HIIT class delivered via Zoom into your living room! No equipment required.

BOOK ONLINE VIA
WWW.HALLHEALTHFITNESS.CO.UK
CLASS PACKAGES AVAILABLE
FOR MORE INFORMATION EMAIL
VICKI@HALLHEALTHFITNESS.CO.UK

HALL
HEALTH & FITNESS

I have also received a few enquiries about an over 55s class, if you would like to see this class happen, please get in touch with me. I am always happy to discuss new ideas for fitness classes for our local community. Vicki Hall Health & Fitness

Beck Farm diary.

we have watched from our car, crossing the track into the old lime quarry, where they shelter overnight. At first it is exciting to see wildlife like this, but deer are creating damage to their environment and crops. The last of the hedge trimming was completed last week—field hedges are cut once in three years and roadside hedges every year especially where they are close to the tarmac. This should provide varied habitat for wildlife, whilst maintaining visibility for traffic and pedestrians. There were some high winds in the autumn and the trees held their leaves longer which led to several branches falling around the farm. I've still got a few more to saw and clear up, and the logs will "season" and be ready for winter 2024.

Through the winter it has become commonplace to see deer in Beck Farm fields every day. I estimate that there are 15 to 20 currently living on just over 100 acres, including a group of seven taller, lighter coloured deer, which, as numbers increase. Any newly planted saplings need to be well guarded as they are a prime target of deer! It may be necessary to call in a licensed culler to keep their numbers under control.

Philip.

Remembering Greg Tebble.



**Message from St. Swithin's Church-the Parish Church of
Frettenham
Revd. Christopher Engeslen, Rector**

Dear friends

On 7th February, a full church of friends and family said farewell to Marjorie Wilson, who has been a pillar of the Church family at Frettenham since she and her late husband Derek arrived here in 1977.

Marjorie will leave a real gap in our community. In practical ways she helped with coffee mornings, cakes, meeting and greeting at church, being on the Parochial Church Council, helping with church flowers, and- most of all being a good friend. Our prayers and thoughts are with Kendal and all Marjorie's family.

Baptisms, Weddings and Funerals

St Swithin's Church is available for marking the major events of our lives- be it a Christening, getting married, or saying farewell to a loved one. Also, we are willing to hold a short service or prayers for other important events such as an anniversary or memorial or thanksgiving. Please let me know if you would like to find out more.

Sunday Services 9.30am at All Saints' Church Hainford.

Frettenham Church is part of the family of five churches that make up the Coltishall Group of Churches. Although there is no weekly service at Frettenham on a Sunday, our St Swithin's congregation is worshipping together at All Saints' Church Hainford. Do come and join us there- 9.30 a.m. each Sunday at Hainford Church (bar 5th Sundays in the month when we worship at one of the other four churches in the group.)

But watch this space for special services at St Swithin's . Details are on our website coltishallgroupofparishes.wordpress.com and on our FB Page Coltishall Group of Parishes.

We will hold services during the year at St Swithin's, and these will be published.

Friends of St Swithin's Church

We need your help to maintain Frettenham Church. It is the oldest building in the village, a holy place, and there for all of us. If you can help in any way, such as been on a rota or working party to help keep the churchyard tidy, or help raise funds for much needed building repairs, - please let me know. A big thank you to all who have helped cut the grass last year. See our Friends of St Swithin's FB Page.

Frettenham Primary School

We look forward to Omicron declining, and the school once again being able to visit the church for RE or for special acts of worship such as Eastertime, Harvest and Christmas. As soon as is safe, I will be able to visit the school for assemblies and RE and look forward to that.

Lent Lunches

If you would like to join me and others for a simple soup lunch, explore faith, and enjoy meeting up-then come to our Tuesday Lent Lunches which start on March 8th at The Rectory, Rectory Road, Coltishall NR12 7 HL. Then at each Tuesday at St Margaret's Church, Stratton Strawless. Our theme this year will be 'A Path to Follow'- as we consider our lifestyles. Begins 12.30pm and ends at 2.00pm.

Visits and Prayer

We are here for you. If you or someone you know would like a visit, please do let me or Revd Keith know. Likewise if you want prayer- we will pray for you, and with you.

All good wishes

Revd Christopher

Contact The Reverend Christopher Engelsen, Rector 01603 737255
rector.coltgroup@gmail.com

The Reverend Keith Dignum, Associate Priest 07803 814688

Happy New Year

Having welcomed in 2022 with a month of fairly dry weather, the fields and farmyard have had a chance to dry out. Our cows grazing the winter feed crop alongside Church Road have enjoyed some sun on their backs and the school and brownie visits to the farm have only had to tackle a little mud during their tours!

It certainly feels as though things are returning to a kind of normal following the past few years of madness and we have had lots of bookings coming in for educational visits to the farm.

Something we have really missed! These tours are tailored to the interests of each group and can be linked to what they are learning back in the classroom. Some like to focus on the changes in farming and farm life in the last 100 years while others focus on the origins of the food they are eating. We are always amazed at the engagement shown by visitors of all ages, with a host of thoughtful and insightful questions being asked and answered. For us, it is important that every visitor gets to experience for themselves what dairy farming looks like at Norton's – after all, no two farms are the same and we pride ourselves on small-scale, high welfare herdsman ship.

Our visits are suitable for all ages and group types from schools to community groups and families to scouts and so if you would like more information about what we can offer then please visit our website or get in touch directly.

In other news, the Norton's have a long history with our local Frettenham cricket club, with many members of the family across the generations being keen cricketers and Norton's Dairy is pleased to be providing sponsorship to the club for the 2022 and 2023 seasons.



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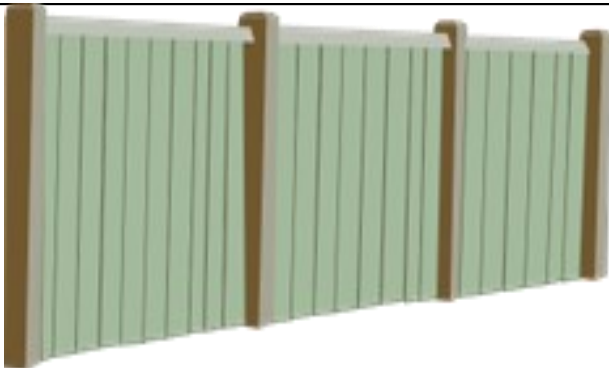
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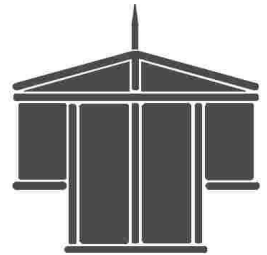
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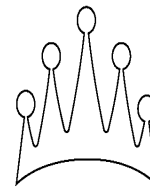
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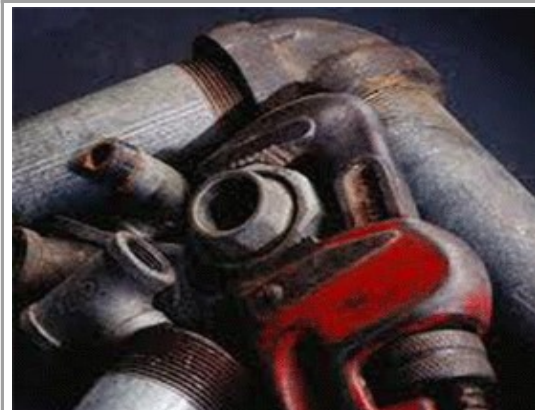


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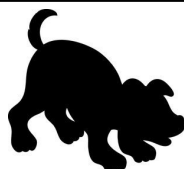
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Village Diary

Date	Event	Organiser / Contact
1st Friday of each Month	Garden club Frettenham Village Hall 7.30	Richard Fisher 890580
Last Friday of each Month	Film Club Village Hall 6.45 for 7.30 start	Alison Brown 737504
2nd Friday of the month	Parish Meeting now in Village Hall 7.30pm	Parish Council
3rd Friday of the month	Village Hall Meeting in Village Hall 7.30pm	Village Hall Committee
Every Wednesday 10.30 to 11.30 Mobile post office at the Village Hall		
Rainbows	07392 488573	Scouts 01603 582590 897664
Cricket	01603 737505	Short- mat Bowls 01603 737553
Hall Fitness	07767 463816	Village Hall 07837 402199

Please check the website for any updates to this diary inbetween newsletters