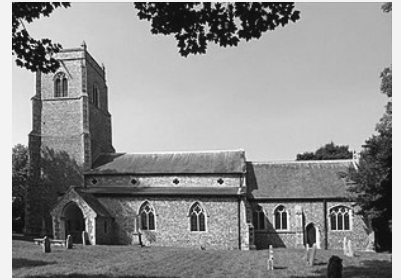


March 2022



Published Quarterly by Frettenham

FRETtenham VILLAGE NEWSLETTER



For updates on the Parish Council and village life, please visit our new website (www.frettenhamparishcouncil.org.uk) or visit the Frettenham Village Facebook page

£5 OFF

Quote "earlybird"
when booking



Baby Massage

&

Post-natal Yoga

Frettenham Village Hall

Starting Tuesday 4th March

10.30am - 11.30am

For bookings contact **Jessie: 07818674539**

jessielinfordwellness@gmail.com

6 week block
Every Tuesday
£50

NEWSLETTER CONTACTS

Editor & Advertising: Greg Price E: frettenhamnewsletter@gmail.com
T: 07561 179615

Distribution: David Yaxley T: 01603 738355

PARISH COUNCIL NEWS

NEW CONTACT DETAILS: In order to bring the Council into line with other local government agencies they have recently purchased a new website domain. The Council's website can now be found at: <https://frettenham-pc.gov.uk> and you can contact the Clerk at: clerk@frettenham-pc.gov.uk. Don't worry if you have recently emailed the old address. All emails are being redirected before the old address is phased out. The telephone number and address remain the same.

Council Vacancy: The Council are sad to report that Cllr Michael Palmer has resigned from the Council due to extensive personal commitments, meaning he felt unable to fulfil his role as Councillor. A notice has been placed on the Post Office Road noticeboard giving residents the opportunity to request an election. If no request is received the Council will advertise the vacancy for co-option and will invite members of the community to apply to join the Council. If you wish to discuss this matter further, please contact the Clerk.

Neighbourhood Plan: The departure of Councillor Michael Palmer means the Neighbourhood Plan group are looking for new members to continue the work which has been started. To date the group have formally set out the parish boundary and are about to begin the appointment of a Planning Consultant to continue moving the project forward. The group meet on the first Wednesday of each month and if you have any specific skills or experience which may be useful or if you have any questions, please contact the Clerk

Community Group: The Council are always looking to welcome new volunteers to join our new Community Group. Other projects are being considered and more information will be shared via the Council website and socials, when available. If you have any questions or wish to be kept up to date with future activities, please contact the Clerk

Defibrillators: The Council are aware that the defibrillator at the Rose and Crown PH requires a new battery and are in the process of purchasing a new one. In the meantime we hope nobody is in need of one but the one at the Primary School is available should it be required.

Allotments: The Council have a waiting list running for any residents who wish to rent an allotment plot. If you would like to be added to the list, please contact the Clerk.

Frettenham Mobile Post Office Service: This service takes place on Wednesday mornings from 10.30 to 11.30. The mobile van parks in the Village Hall car park. A wide range of services will be available. Customers can still collect benefits in cash using the everyday banking services or Post Office card account.

Christmas Lights Competition

The Council is pleased to announce that the winning property was 8 Redmere Close who receive a £25.00 gift voucher. **Congratulations!** The judges comments were:

"We loved the elegance and simplicity of their lights, they had a lovely tree and some reindeer. They also had a wonderful festive arch over their door which completed the look and is what won it for them!

There were many others we loved and it was definitely the hardest year yet. We had 5 favourites that we really had to think hard and carefully about."

Annual Parish Meeting

The Parish Council are organising this years annual parish council meeting which will be held on Monday 17th March 2025 at 7.00pm at Frettenham village Hall.

This is an opportunity for members of the community come together and find out what's been happening with the Council and other community groups, over the previous 12 months.

If you are a member of a local group and would like to come and share what you've been up to, please contact the Clerk on the details above to book a place.

Everyone is welcome to come along and light refreshments will be served.

County Councillors Report

As far as our local Councils go you could say we are witnessing the “beginning of the end”. The government published its proposals on devolution and local government just before Christmas. In early February it announced that Norfolk and Suffolk will be part of the “Devolution Priority Programme.”

What this will mean for Norfolk is that we will have an elected Mayor from 2026. However, Norfolk isn't considered large enough to have a Mayor all of its own so instead there we have to join forces with Suffolk. The new Mayor will be for the whole of Norfolk and Suffolk and it has been said that they will also take over the powers of the Police and Crime Commissioners. As far as Councils are concerned, these will be reorganised with Norfolk County Council, Broadland, Norwich City Council and all the others will be abolished. In their place will be single Unitary Councils. The question is how big the new unitary Councils will be and what areas they will cover. Given the criteria set down by the government the chances are that Norfolk could have between one and three Councils.

The government gave County Councils a choice. Either sign up to the government proposals by the end of January on their priority scheme or wait a maximum of two years and have the new arrangements imposed anyway. What has complicated things is that the government also said that if an area is selected for the priority scheme it would mean that the County Council elections scheduled for this May are cancelled. Their reasoning is that with all the upheaval there should be no change and existing Councillors should stay in place for an extra two years to work out how the new Councils are set up and wind the old ones down. The elections point has attracted the most controversy with allegations that the government are avoiding elections or that there is an ulterior motive. However, it is not unusual that when a Council is going to be reformed or abolished that elections get cancelled. The exact same thing happened in Somerset, Cumbria and North Yorkshire four years ago when they were reformed and we had a very different national government.

The key decision was made at the County Council meeting on 9th January and as your local Councillor I approached it with trepidation. In the end I voted for Norfolk to join the priority scheme and this was passed 52 votes to 7. The main reason I voted the way I did was because I believe it is better to resolve the issue and reorganise sooner rather than later. This is hopefully the best route to getting more government funding for Norfolk at an earlier stage. I also think that if it is done right having a single unitary council can deliver a better service and more efficiently (if you think about it at the moment we have one council collect rubbish and another dispose of it) but the devil will be in the detail. On the elections point I did vote for a counter proposal that Norfolk should sign up to the priority scheme but still seek to hold elections this year as planned. However,

So what happens next? Well, elections are cancelled for this year in Norfolk and Suffolk. By the end of March proposals need to be submitted for the number and shape of new Councils in Norfolk. This will be decided by the end of the year. There will definitely be an election for Mayor next year, if the new Councils can be set up in time there will also be elections to the new “shadow council” next year. Broadland and the County Council we be abolished by May 2027.

The big local news is that the County Council has withdrawn the Planning application for the Norwich Western Link. So there will be no progress on this for the foreseeable future. The reason for the pause is that the Council has concluded that at present there is no realistic chance of getting planning permission. This is because they cannot get the necessary Licences from Natural England.

The Councils are in the process of setting budgets for the coming year. It is expected the County Council will increase Council tax by 4.99%, the maximum permitted. In contrast Broadland District Council are planning to freeze Council tax for the coming year.

As always if you wish to contact me on any Council matter please do so at Daniel.roper.cllr@norfolk.gov.uk , 07920441970, message me on Facebook or drop me a note at 1 Birbeck Way.
Dan Roper

County Councillor

.....
Hainford & Frettenham Preschool
Open 8:45 – 2:45 Monday to Friday Term Time.

Quality home from home learning, in a warm and safe environment



Every child is unique and has an individual way of learning and developing

Learning through fun, play

We are currently looking for any local volunteers who would be willing to give their time and help us with our garden. If anybody can support us, please do let us know.

We are always looking for visitors to come in and talk to the children. If there are any emergency services workers, representatives from wildlife/nature groups, or any other neighbours with interesting jobs/hobbies who would like to come and talk to our children, please contact us.

We have spaces available for September 2025 please contact us if you would like to come and visit or would like more information.

Jasmine Cottage, School Road, Frettenham, NR12 7LL
Tel: 01603 551086
Email: Hainfordpreschool1@gmail.com

It is dark and cold. And windy and wet. I am writing this article at the end of January for you to read in a few weeks. So, I write in hope. I write in hope that as you read it, the skies will be lighter, the sun brighter, the winds quieter and the rain... stopped!

Winter is a season when it can feel hard to be hopeful but when we most need some hope. After Christmas the days feel short and life feels that bit harder. And I get older, it does feel like these days can be pretty dark in my soul as well as in the murky weather. I am not sure that is entirely a bad thing though.

Don't get me wrong – I do not enjoy feeling a bit low in winter. I am also very aware that plenty of people are hit far harder than I am. But I think it is fitting that we respond to the light and the dark. God made us to enjoy him and enjoy the life he gave us. The seasons are a reminder of how much we love the life and

abundance of spring and the light and warmth of summer. We are created to be orientated towards hope. For some of us that comes easier – naturally optimistic, buoyant types. For others of us life has been hard, and hope feels like a risk. Maybe too big a risk sometimes for our aching hearts. We have been hurt, let down and disappointed too often and it seems safer not to hope too much.

There is a hope, though, that will never disappoint us. There is a love that will never hurt us. There is a light ahead whose warmth and kindness is as sure to come as spring and summer. Jesus Christ is the God and man in whom our hope can safely rest.

In this season of winter we are living between the two greatest demonstrations of love in history. At Christmas, the almighty, eternal and holy Creator of all became the weak, small and dependent baby lying in a manger in Bethlehem. At Easter, that same God-man was hung on a cross outside Jerusalem and died. As Jesus Christ was dying, in the supernatural darkness of Good Friday, he took on himself all our darkness. He took our sorrows, our suffering and even the sins that we work against God and each other. He took them into himself, dying the death that we deserve.

The darkness died with him, but Jesus was not destroyed by death. Rather he broke its power and rose to life again on the third day, striding out of his tomb and out of death by dawn's early light. On that first Easter Sunday Jesus showed that light triumphed over darkness. Winter will always give way to spring.

Personally, I find this hope to be life-changing and life-giving. Jesus has shared with me his peace, joy, love and hope. He has treated me with kindness and filled my life with meaning and wonder. I know the same to be true for many and if this is something that you would like to find out about, we Christians would love to walk that road with you.

Either way, I hope that you can hope! That you can anticipate the coming of the warmth and light in the daffodils and crocuses. That you can hear the singing of creation in the dawn chorus. That your heart can enjoy them even more by sensing that they are tokens to us of the love of God for us. He will not leave us in darkness – the light will come.

John Hindley

Sunday, 4pm at The River Rooms



Broadgrace church meets on Sundays at 4pm at The River Rooms in Coltishall. You can also join the meeting online using *Zoom* (details are on our website).


Children are a very welcome part of our Sunday meetings and we provide supper for them when the adults are having a cup of tea and biscuits.

To find out more about us, contact John Hindley or see our website:

www.broadgrace.org.uk | john@broadgrace.org.uk |
07790 007390

**Every Wednesday
(During term-time)
10-11.30am
Tithe Barn
Rectory Road
Horstead
NR127EP**

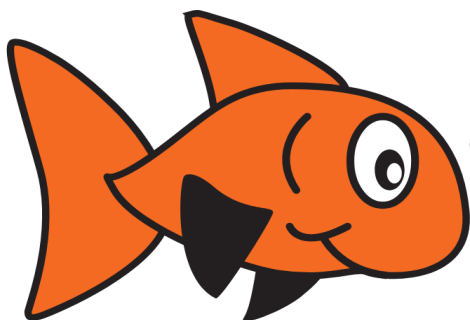
 john@broadgrace.org.uk

 [@TiddlersBabyAndToddlerGroup](https://www.facebook.com/TiddlersBabyAndToddlerGroup)

Tiddlers

Baby and Toddler Group

**£2.50 per family
(suggested donation)**



A friendly group for little ones (from ages 0-4) with playtime, songs and stories. There is also coffee, cake and chat for grown-ups. Parents, Carers and Grandparents are all really welcome. For more details you can email us, follow us on Facebook or you can just turn up!

NORTONS DAIRY

We have been busy progressing with our range of developments at the farm, not least the installation of a new milking parlour for the cows. This new Milk Plan parlour is a first-of-its-kind in the UK being fitted by the Hainford-based Mill Dairy Services and we look forward to giving it a whirl! It will allow us to expand the size of our milking herd so that we can meet the ever-increasing demand for our fresh, Norfolk milk. The parlour itself is now fitted and looking great as we move onto preparing the space for the installation of all the machinery that makes the parlour function.



Alongside the parlour installation and building improvements its business as usual; our girls continue to be milked by our existing robotic milker and are cosy and dry in the barns. They are provided with a fresh covering of home-grown straw twice per day to ensure that they always have a clean and dry surface to lay on. This layering of bedding builds up over the course of 2-3 weeks before being totally cleared out and piled on the fields ready for spreading in the spring. A small amount of well-rotted farmyard manure will also find its way to the Frettenham Allotments!

Dates for the Diary

We will be attending several foodie events this spring with our soft cheeses and other delicious fresh dairy -

Sunday 13th April – The Little Norfolk Farm Spring Market (Horsford)

Sunday 18th May – The Tacon's Asparagus Festival (Rollesby)

Saturday 24th May – Beccles Food and Drink Festival

Sunday 25th May – Reepham Food and Drink Festival

We also attend Creake Abbey (near Burnham Market) farmers market on the first Saturday of every month and Black Barn farmers market (in Salhouse) on the second Saturday of every month.

For anyone interested in receiving a doorstep delivery in Frettenham, Hainford or St Faiths please get in touch for more information.

nortons

A family run dairy



Family producers of Norfolk milk, cream, yogurt, butter and soft cheeses.

Weekly doorstep deliveries available in Frettenham, Hainford and St Faiths.

Visit our website for a full list of local stockists.

01603 736569 info@nortonsdairy.co.uk @nortonsdairy www.nortonsdairy.co.uk

HAINFORD & FRETtenham SCOUT GROUP

Hello everyone, we have been based at Beck Farm in Frettenham since 2011.

We meet every Wednesday evening, and currently have approximately 24 cubs and beavers aged from 6 to 11.

Hello everyone and a Happy New Year.

We've had quite a busy time since September and enjoyed a variety of activities.

During September we had a connect 4 assault course, and paired 1 cub with 1 beaver to cross a pretend stream.

Richard gave a fire starting lesson and made "self extinguishing" fires.

We had a game of "What's the time Mr Wolf" and "Foxes and hounds" and Darren, Ozzie and Fig, our scout leaders came to help us out, and we finished this evening off with witing sticks and lighting fires with steels.

This then brings us to October and Halloween. For our party we played trick or treat pass the parcel which went down very well with the children. We iced biscuits, made milk bottle lanterns and finished

During October, Richard organised a treasure hunt looking for different cards of animals hidden around the site with a question sheet.

In November we had a cooking night, the children love these, making dough twists and cooking on a fire, and I finished the evening with a National Anthem game which the children really seemed to enjoy.

We made some sledges from 3 broom handles and rope, then had a race, this was teaching pioneering skills (knots).

On the 10th November we attended the Remembrance service at Hainford Church with a colour party of Scouts, Cubs and Beavers.

December soon arrived and we started off with playing “Bench Ball “ then we did some mixing and cooking pancakes, always a popular activity with our Beavers and Cubs especially breaking eggs!

On the 11th December we had a trip to Roarr for an ice skating night, everyone had a good time there.

That brings us to the Christmas party. We made some Digestive/marshmallow/icing/matchmaker snowmen, and just managed to have an outside treasure hunt before it rained. But we finished the evening off with an alphabet guessing game and musical chairs.

We now look forward to starting a new year, welcoming our 3 new leaders and some exciting activities and games.

If anyone likes the sound of what we do, and would like to join or have a taster evening, please feel free to contact Mervyn on 07889039135 or

An account of the time when I caught a burglar one night in my Norwich dental practice

WHEN YOU CATCH A BURGLAR!

Have you ever caught a burglar, and if you have, what did you do with him? Oops, it's all equality today, so I must write, 'What did you do with him - or *her*? Or *them*, just in case they are non-binary. I suppose, if you catch such a villain, you probably need to say, "Excuse me Burglar, but before I perform a citizen's arrest, or march you off to the nick, or before you bash me over the head and escape, I need to ask you a question. What is your gender, please?" Seriously, you could catch a burglar, call the burglar 'him', and then find yourself in the dock on what seems to be becoming a far more grievous charge, namely that of using a wrong pronoun. But I digress.

Again I ask, have you ever caught a burglar? Because if you have, you have to decide what to do with them? Of course, it might be that you planned to catch a burglar, and then, if successful, you will have decided in advance just what you will do with them. You might have pre-warned the nick and have them on standby, or you might

have decided just what punishment is appropriate. “You have broken into my home, you villain. Now you’re for it. What’s it to be - litter picking in Frettenham for 3 weekends, or a short drive to blue bottle rooms, where they’ll bang you up for a few hours, and give you a *nasty* reprimand?” The choice is yours, but - what will you do with them?

I caught a burglar by accident. By chance, I suppose. And we were both scared stiff! Both him (or they or it) and me. He/they/it was totally in black - black closely cropped hair, black top, black jeans, black gloves, black trainers - and me? I was as white as a sheet.

I was returning from a convention I had arranged in Norwich. Having rented the Hewitt School for around 5 days, I was in attendance there every day, 8am till 10pm, supervising a team of ushers, caterers, cleaners, etc, looking after the 600 or so attendees. My friend Don Double, an evangelist, held an Easter convention in Norwich annually, and I was co-ordinator. Maybe I could now add ‘burglar catcher’ to my CV, though the apprehension of the villain was not part of the convention. Just related.

“You got me mate”, said the figure in black, crouching and cringing, and trying to hide by squeezing into a gap around 2 inches wide behind a filing cabinet. I was returning from a day at the convention at around 11.30pm, and happened to pass my city practice on Aylsham Road. I was dreading the pile of paperwork that would inevitably be stacked high and waiting for my return, and decided to take a preview. I parked, unlocked the door, walked through the hall and into the office, and..... Help! A burglar!

“You got me mate”, said the figure in black. Adrenaline was flowing fast as my heart went into overdrive. ‘Try and appear brave’, I told myself. ‘And confident’ (by now, sweating). ‘And in charge’ (knees knocking together).

“What are you doing here?” I bellowed, like a sergeant-major with a headache.

The creature winced, and almost cried in anguish, then whimpered, “You got me, mate. You got me,” and looked such a pathetic loser. “I’ll show you how I got in if you like. Help you keep me mates out,” or something like that. “It’s yer toilet window. Not locked. It’s little, but so am I”. He shuffled through to the toilet, and pointed to the small gap with the fresh night air blowing through.

But what do you do when you catch a villain like that? “Just stretch your hands out for me, please, if you don’t mind, sir or madam, while I tie them together with our office string”. Or, “Please sit quietly while I phone PC Plod and ask him to come and take you away”. Or “Please write out your full name and address on one of my dental record cards, and then leave quietly. Expect the police to contact you in due time”.

I took the soft option. “I’ll let you go with a warning this time, but don’t you ever let me find you here again”. I led him to the front door, opened it and stood back, and truthfully, he ran so fast he could have won us a gold in the Olympics.

A few weeks later, a policeman patient attended for a filling, and I could not resist telling him of my tremendous feat. His response was, "When will he appear in court?"

I felt silly as I said, "I let him go".

"YOU DID WHAT!" he roared. Then, seeing the syringe loaded with local anaesthetic in my hand, calmed down and said quietly, "Well, discretion is the better part of valour", and with resignation, lay back and opened his mouth.

So, when you catch a burglar....

Barrie Lawrence. (The story is also told in the book, A DENTIST'S STORY by Barrie Lawrence, available from book shops, amazon online, or the author at Crossways NR12 7NL and barrielawrence@btinternet.com £10, or £7.50 to readers of Frettenham News).

Films at Frettenham

Films up until April as follows

Feb 28th...The Critic

March 28th...Small things like these

April 26th....Paddington in Peru

News from village hall.

New club starting for mums and babies

"Jessie's Baby Massage and Post Natal Yoga classes." Starts Tuesday 4th March 10.30

I'm excited to get my classes booked and started.

Please email Jessie to register your interest or ask any question at... jessielinfordwellness@gmail.com



Baby Massage

&

Post-natal Yoga

Frettenham Village Hall
Starting Tuesday 4th March
10.30am - 11.30am

For bookings contact Jessie: 07818674539
jessielinfordwellness@gmail.com





SPRING

WORD SEARCH PUZZLE

N C O W O R G S D E E S
 R O A D I B U L B S D M
 S P S V S P R O U T A O
 L T V A F P M E D H I S
 I M C R E A T T S R S S
 R A I E Y S B U N N Y O
 P R E H S W P L L A N L
 A C W T C N O M D I L B
 H H M A E C I B O N P P
 F G D E R B H B N O I E
 R T A W R M I A F I L W
 O R P R G R E E N A A B
 G E R L D P A R K G E R
 K E I S A E W A H T E L
 O E T I K Y N K C I H C

The words appear UP, DOWN, BACKWARDS, and DIAGONALLY.
Find and circle each word.

APRIL	GARDEN	RAINBOW
BIRDS	GREEN	SEASON
BLOOM	GROW	SEEDS
BLOSSOMS	INSECTS	SPROUT
BUDS	KITE	THAW
BULBS	LEAF	TREE
BUNNY	MARCH	TULIP
CHANGE	MAY	WARM
CHICK	PARK	WEATHER
DAISY	PLANT	WIND
FROG	PLAY	

Rev'd Joanna Haywood

I'm the Reverend Joanna Haywood and I'm really looking forward to moving to the Coltishall Benefice in February. I officially start on 23rd February, with a licensing service, where the Bishop of Lynn and Archdeacon of Lynn will institute and install me as Rector at the start of my ministry here. Please do join me at this service at 3.30pm at All Saints' Hainford, and then I'll be back in Hainford the following Sunday at 9.30am leading a service of Holy Communion. Further services will be publicised in the March newsletter, so watch this space.

In the meantime, I thought I'd introduce myself – and you may well see me around the villages before then. If so, please do stop me and say hello. It would be good to meet you.

I moved to Norfolk nearly 8 years ago, following a career in education, where I worked in multicultural community schools in Croydon, before moving into school improvement work and then to into school leadership. Prior to that, I'd had a variety of careers in Nursing, Office Administration and a stint studying Architecture. Variety is the spice of my life, and I enjoy the challenge of new things, and really enjoy meeting people.

I moved here in 2017 seeking a new start, and maybe a quieter life. Settling in a converted cow-shed between Antingham and Bradfield, which wasn't exactly a pin in the map, but not far short, I pondered, what next? I worked in Waitrose, volunteered for the National Trust at Felbrigg and enjoyed welcoming visitors and the wide open spaces which surrounded my new home. A far cry from Croydon!

I'd been here just 6 months when God tapped me on the shoulder and said 'I've not finished with you yet!'

This led to conversations, discernment and eventually to training with the Eastern Region Ministry Course, based at St Nicholas, North Walsham. All through the rigours of Covid. I learnt a great deal, including how to conduct services online, and the importance of keeping people connected to each other. I was ordained in June 2021, and commenced my curacy in the Trunch Group of Parishes, a rural group of 7 churches on the coast. I was extremely happy there, and felt as though I'd come home, really enjoying the delights and challenges of rural ministry. Half of the time I spent there (2½ years) was during a vacancy, and I relished the opportunity to develop my understanding of leading a rural group. In January 2024 I moved to Cromer to complete my curacy, developing my experience in a larger vibrant town church, working as part of a team.

I'm passionate about mission, social justice and community, so you'll see me out and about, learning about the local community and taking part in local activities. I'm a keen walker, enjoy sewing and knitting, and drinking good coffee!

I have a grown up son, Will, who is married to the lovely Helen and they have a beautiful son, Alex – so I'm also a proud Nana! They live in Leicestershire and I enjoy having them to visit, and they are looking forward to getting to know the area too. My mum and sister live close by in North Walsham, and I also have siblings overseas in New Zealand and the USA. We are a large, but close-knit family who are very important to me. I share my home with my cat Phoebe, a demanding, vocal, rescue Bengal, who is great company and will, I know, enjoy the Rectory garden and may well venture further afield!

I look forward to making Coltishall my home and to exploring the surrounding area. And most especially, I look forward to meeting you!

Coltishall Group of Parishes

ALL SAINTS, HAINFORD CHURCH SERVICES

All services at Hainford start at **9.30am** unless specified.

Car Park is opposite, next to Hainford School.

2nd February Holy Communion

9th February Morning Prayer

16th February Holy Communion

23rd February **Benefice Service 3.30pm**

Licencing and Installation of Rev Joanna Haywood

2nd March **Benefice Service, 10.00 am**

with Rev Joanna Haywood, Holy Communion

5th March Ash Wednesday at Coltishall Church
Holy Communion 10.00 am

9th March Morning Prayer

16th March Holy Communion

23rd March Morning Prayer

30th March Mothering Sunday

Easter Services will be in the next issue and online.

If there is a 5th Sunday in the month, we have a benefice service which will be at one of the 5 churches in the Benefice.

See also : www.coltishallgroupofparishes.wordpress.com

BECK FAR DIARY

With all my regular local hedgerows now trimmed, it's time to take the hedgecutter off the tractor, so that other jobs can be done. The first of these, will be to grade the dirt track that leads to the farm, which has become full of potholes over the past weeks! Apologies to regular "taxis" to and from the scout hut, and the small team of builders working at our house.

After a years' work, the house project is still a few weeks from completion. We look forward to a draught-free, fully insulated and warmer future! (in old and new); and we also have a barn which is repaired and fully waterproof.

In the fields, our grass, clover and flower mixtures are ready for another season. These were cut and shredded, in the autumn, except for 10% left as wildlife corridors. The smaller areas of 'winter bird feed' will be reseeded in the spring. The remaining fields will be growing maize for the A D plant again. Last spring a 2.5 acre vineyard was established in a south facing corner of one of the fields. The vines grew extremely well, but in order to get a strong plant, they have been pruned back over the past few weeks, and new tree guards have been fitted. It will be two or three years before grape production! Philip.

An unusual find at our house!



Frettenham Parish Council Community Group Litter Pick 2nd February 2025.

Thank you to those fabulous people that came along to the community litter pick in February. We had a good turnout of 8 people and collected 8 bags of rubbish from



around the village. Unfortunately, there's still more to do so we will keep running these events. The previous one in December had to be cancelled because of strong winds, but the weather was kind this time and it was sunny but chilly and a lovely morning to be out doing something positive for the village, environment and wildlife.

There's always some good chit chat and you're welcome to bring your dog or children along, as long as they can keep *you* under control! All the equipment- litter pickers, bags, gloves and high vis jackets, are provided. So just show up in some sturdy footwear and warm/waterproof clothes to adapt to our Great British weather and I'm sure you'll be glad you did. It's a great way to start your Sunday and meet the local community (4 legged and 2!)

T

he next one is on **Sunday 6th April 2025 at 10am** starting at the Village Hall and we've planned them for the whole year (**20th July and 19th October**). There'll be notices on the village notice boards and on Frettenham Facebook Pages. In the mean-time if we can all help persuade others not to make a mess of our village that would be helpful as it would be great if we didn't have to do this at all.



FREE QUOTATION

NO SALESMEN

10 YEAR GUARANTEE

NO OBLIGATION

WINDOWS | DOORS
CONSERVATORIES
WARM ROOFS
ROOFLINE
BIFOLDS
& MORE

Family run business trading for over 30 years, covering Norfolk and Suffolk. High quality products at honest prices. Don't just take our word for it, check out our 5 reviews!*



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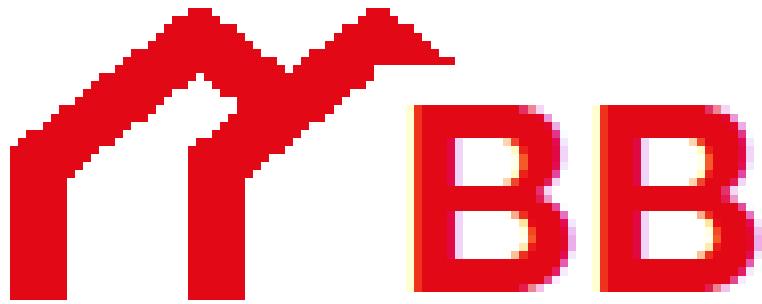
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Making sure your oil boiler is serviced regularly will keep it at its most efficient. This may reduce your fuel bill and could save you money on unexpected breakdowns.

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Lots of Activities

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Fitness classes throughout the week and weekends with Hall Health & Fitness, regular weekly clubs from Funsters, Short Mat Bowls & Dog Training, Monthly Gardening Club and Film Night, Sunday Football with Frettenham FC and home to the newly promoted Frettenham Cricket Club.

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To Hire the Hall or Playing Field Please Email

Frettenhamvillagehall@gmail.com

or call Sandra on 07863 433399

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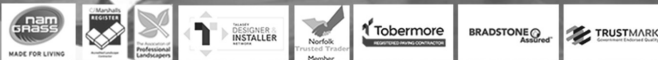
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Phone: 01603 898341



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HAINFORD & FRETtenham PRE-SCHOOL

SUMMER FETE

9TH JUNE

11-3PM

Raffle

Games Tombola
Glitter bar Bungee

Food Trucks Trampolines

Refreshments

Stalls

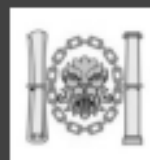
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- FREE QUOTATIONS UPON REQUEST



CALL WAYNE: 07818 078636

EMAIL: SALES.NPHS@HOTMAIL.COM

Village Contacts


Cricket	01603 737505
Dog Club	01603 460644
Frettenham Funsters	01603 738948
Gardening Club	01603 890407
Nortons Dairy	01603 736569
Pre-School	07896 202657
Primary School	01603 737405
Rainbows	07392 488573
Scouts	01603 582590
Short Mat Bowls	01603 737553
St Swithins Church	01603 737255
Village Hall	07863 433399
Jessie's Baby	07818 674839

Other Contacts

Broadland District Council	01603 431133
Norfolk County Council	0344 800 8020
Anglian Water	0345 791 9155
UK Power Networks	105
Aylsham High School	01263 733270
Broadland High (Ormiston)	01603 782715
Sprowston High School	01603 485266
Norfolk & Norwich Hospital	01603 286286
Coltishall Surgery	01603 737593
Spixworth Medical Practice	01603 898583
St Faith's Surgery	01603 867532

WHAT'S ON AT THE VILLAGE HALL - MARCH— JUNE

Day	Time	Event
Every Wednesday	10:00am-12:00pm	Frettenham Funsters
Every Wednesday	10:30-11:30am	Mobile Post Office
Baby - Post Natal Yoga	10.30 –11.30am	Jessie 's Yoga
1st Friday of month	7:30pm	Gardening Club
2nd Friday of month	7:00pm	Parish Council Meeting
Monday 17th March	7.00pm	Annual Parish Meeting
Friday 28th March	6:45pm (7:30 start)	Film - Small Things Like These
Friday 25th April	6:45pm (7:30 start)	Film - Paddington in Peru
Monthly (day varies)	7:30pm	Village Hall Meeting

-----Please contact Sandra (number  above) for any queries regarding the village hall.-----

THANK YOU FOR READING THE FRETTEHAM VILLAGE NEWSLETTER — FEEDBACK, IDEAS AND STORIES ARE ALWAYS WELCOME.

IF YOU HAVE ANY SUGGESTIONS PLEASE DO GET IN TOUCH.