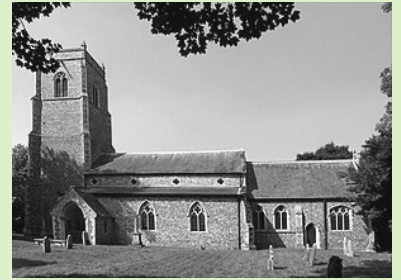


June 2026

Published by
Frettenham Parish Council

FRETtenham VILLAGE NEWSLETTER



Your Newsletter is Changing



**Read on to find
out more**

NEWSLETTER CONTACT

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For updates on the Parish Council and village life, please visit the website www.frettenham-pc.gov.uk or visit the Frettenham Parish Council Facebook page.

FRETtenham PARISH COUNCIL

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W: www.frettenham-pc.gov.uk



Parish Council News

CHANGES TO YOUR NEWSLETTER: Following the departure of Greg Price as Editor of the newsletter, the Council have spent time considering the options to continue the publication. With no responses to our plea for a new Editor it has been agreed that the task will be transferred to our Parish Clerk. So that we can keep this simple and not significantly impact on her workload, it was decided to move away from a printed copy of the magazine which is distributed to each household and instead it will be published on our website and social media account. We are also setting up a mailing list so that a copy can be sent straight to your inbox. To be added to this list please email the Clerk and request that your details be added. There will also be a small number of printed copies made available at the village hall, Rose and Crown and St Swithin's Church. If you have any questions about this, please do get in touch. We would like to take this opportunity to thank all those who have been involved in producing the magazine over the years and in particular Greg Price, Faye Barnes and David Yaxley and all those who have delivered the magazine.

Village Connectivity: Plans to install a trod path along Buxton Road in the village are still progressing. The Council has secured £55,000 via Norfolk County Council so far and is waiting to hear whether they have been successful in obtaining a further £15,000 from Broadland District Council. That will leave just £5,000 to secure. Not an insignificant amount but still another hurdle to get over. If there are any businesses locally who would be interested in making a donation to this final amount, please contact the Clerk to discuss further.

Community Speed Watch: Unfortunately, no new volunteers have come forward following the request in the last newsletter and therefore the group has now been dissolved. The Council continues to monitor traffic speeds with the SAM2 device, around various points in the village and it is please to say that a great improvement has been shown in the area of Well Green. Data from the SAM2 has supported the Council's applications for grants to install the Buxton Road trod path.

Allotments: Discussions have been taking place to find ways to expand the provision of the allotments to accommodate those residents on our waiting lists. Progress with this is slow but continues in earnest. We hope to have some good news on this in the coming months. Please keep an eye on the Council's website and social media feed for updates.

Frettenham Mobile Post Office Service: This service takes place on Wednesday mornings from 10.30 to 11.30. The mobile van parks in the Village Hall car park. A wide range of services will be available. Customers can still collect benefits in cash using the everyday banking services or Post Office card account.

Coltishall Group of Parishes

*serving the communities of Coltishall, Frettenham,
Hainford, Horstead and Stratton Strawless*

Services across the Group - all are welcome June and July

Sunday 7 June

- 8.00am* Holy Communion: Coltishall Church
- 9.30am Holy Communion: Hainford Church
- 9.30am Coltishall School Rainbow Run - we'll be there!
- All Age Worship returns on 5 July.....

Sunday 14 June

- 8.00am* Holy Communion: Coltishall Church
- 9.30am Morning Worship: Hainford Church
- 11.00am Holy Communion: Horstead Church

Sunday 21 June

- 8.00am* Holy Communion: Horstead Church
- 9.30am Holy Communion: Hainford Church
- 11.00am Holy Communion: Coltishall Church

Sunday 28 June

- 8.00am* Holy Communion: Coltishall Church
- 9.30am Morning Worship: Hainford Church
- 11.00am Holy Communion: Horstead Church

Sunday 5 July

- 8.00am* Holy Communion: Horstead Church
- 9.30am Holy Communion: Hainford Church
- 10.00am All Age Worship: Coltishall Church

Sunday 12 July

- 8.00am* Holy Communion: Coltishall Church
- 9.30am Morning Worship: Hainford Church
- 11.00am Holy Communion: Horstead Church
- 4.00pm* St Swithun's Day: Patronal Festival: Frettenham Church

Sunday 19 July

- 8.00am* Holy Communion: Horstead Church
- 9.30am Holy Communion: Hainford Church
- 11.00am Holy Communion: Coltishall Church

Sunday 26 July

- 8.00am* Holy Communion: Coltishall Church
- 9.30am Morning Worship: Hainford Church
- 11.00am Holy Communion: Horstead Church

Sunday 2 August

- 8.00am* Holy Communion: Horstead Church
- 9.30am Holy Communion: Hainford Church
- 10.00am All Age Worship: Coltishall Church
- 4.00pm* Lammastide: thanksgiving for the harvest first fruits: Stratton Strawless Church

**new service*

Each Wednesday

10.00am Midweek Holy Communion: Coltishall Church

Morning prayer said daily at 9.00am across the Group at:

Horstead (M), Hainford (T), Coltishall (W), Stratton Strawless (Th), Frettenham (Sat)

***For all enquiries please contact the Rector, Rev'd Joanna Haywood
07733 325905 or rector.coltgroup@gmail.com***

County Councillor Report

Can I start by thanking everyone who voted in the County Council election on May 7th. The turnout of 50% is the highest I can remember in a local election and is only 10% lower than the national turnout figure in the last General Election. I am of course proud and delighted to be re-elected.

It is all change at County Hall. Of 84 County Councillors 69 of them have been elected for the first time. Of the ten members of the ruling cabinet before the election, just one of them was re-elected so it will be a whole new leadership. In the election Reform UK won 40 of the 84 seats and I would anticipate that they will take over the leadership of the Council although without a majority. An unknown is in the fact that Reform did not publish a manifesto for the election so at this stage it is unknown what policies they might put forwards.

The Council budget for this year was set in February. It is possible that the new leadership might look to do some mid year changes to the budget but one thing they cannot change until next year is the level of Council tax. Also back in February the Council set its capital spending programmes for the next three years. The one that is of crucial importance for me is the Spixworth junction that is in the programme for 2027. The only way this would not go ahead is if the new Council leadership takes it out of the programme. As soon as I know who the new Cabinet member is for highways I will book a meeting with them to make sure this does not happen.

As matters stand the County Council (along with Broadland District Council) will exist for less than two years and will be abolished in April 2028. With the government decision that Norfolk will have three all encompassing “Unitary Councils” much of the focus will be on setting these up. The boundary of the new Greater Norwich Council stops at Spixworth, St Faiths, Horsford and Taverham so all villages to the north including Hainford and Frettenham will be part of the new East Norfolk Council. This will have its first elections next May. There will then be 11 months of transition until April 2028 when the new Council will take over all powers and the old ones are abolished. Also in May 2028 Norfolk and Suffolk will have an election for Mayor.

Times are certainly changing in local government but my main commitment is making sure services continue to be delivered and people get what they need.

As always if I can help on any Council matter please contact me at:
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We are currently looking for any local volunteers who would be willing to give their time and help us with our garden. If anybody can support us, please do let us know.

We are always looking for visitors to come in and talk to the children. If there are any emergency services workers, representatives from wildlife/nature groups, or any other neighbours with interesting jobs/hobbies who would like to come and talk to our children, please contact us.

We have spaces available for September 2025 please contact us if you would like to come and visit or would like more information.

Jasmine Cottage, School Road, Frettenham, NR12 7LL
Tel: 01603 551086
Email: Hainfordpreschool1@gmail.com



Sunday, 4pm at The River Rooms

Broadgrace church meets on Sundays at 4pm at The River Rooms in Coltishall.
You can also join the meeting online using *Zoom* (details are on our website).

Children are a very welcome part of our Sunday meetings and we provide supper for them when the adults are having a cup of tea and biscuits.

To find out more about us, contact John Hindley or see our website:

www.broadgrace.org.uk | john@broadgrace.org.uk |
07790 007390

June 2026

Druss, the mighty warrior and hero of countless battles reflect on his fame and the life of violence that has created it. As he does so, he muses that he only became a fighter because he did not have the courage to be a farmer. Druss is the hero of a book, called *Legend*, that I read as a teenager, and a couple of times since. His point, as he looks back over the years, is the irony that he is seen as a bastion of courage. He is a hero and defender of his people. But he sees himself as lacking courage. He could respond bravely to an enemy assault, but he did not have the strength of will to plough again after a failed harvest.

Our church is going to begin a series of sermons at the end of the half-term holiday on the Bible book of 1 Corinthians (rather than being one book, the Bible is actually a collection of 66 shorter books). 1 Corinthians was originally written to a church, a group of Christians, in the city of Corinth a couple of decades after Jesus died and rose again by the missionary Paul. It is a fascinating letter.

Corinth was a rough, larger-than-life port city. Indeed, the word ‘corinthian’ could be used in a similar way to our word ‘hooligan’. The church there had a tough time trying to share the love and forgiveness of Christ with people chasing after money, success, or the pleasures and distractions of a major city. If you weren’t clever or strong then you wouldn’t expect to get far in Corinth. You might think that the church there would need to be cut from the same cloth. Gutsy preachers and thick-skinned believers.

Strangely, Paul turns these ideas upside down. In a city that loved strength and wisdom he points out the apparent weakness and folly of a God who would be crucified. In a town of impressive people looking to be impressed he tells the church why God picked them: “God has chosen what is insignificant and despised in the world – what is viewed as nothing – to bring to nothing what is viewed as something” (1 Corinthians chapter 1, verse 28).

God also tells the church that they need to be farmers. In a city of fighters, the courage they need is that of a farmer. The growth of Christ’s church is not the explosive growth of a viral influencer or a much-hyped tech company. It is the growth of a farm, a crop. Describing the work of God and the missionaries he sent to Corinth, Paul writes, “I planted, Apollos watered, but God gave the

growth” (1 Corinthians chapter 3, verse 6).

To follow Christ is not a moment of faith. It is to be a farmer. It is to plough and sow, water and weed and then, one day, to reap a harvest. This is true in church life and in all the good things God gives us. He is working over the long-haul. He is growing good in our lives and families and churches. If you would like to see more of this, to understand how God loves the weak and foolish, the nobodies, the people who look unimpressive like me and you, then we would love to help. Come along to church with us (Sundays at 4pm at The River Rooms in Coltishall) or one of the other local churches. None of us are sorted, impressive people but we have found a God who meets our needs and desires and grows wonderful things among us over the years. He even gives us the faith of farmers to work with him.

After I became a Christian, I discovered that David Gemmell, the man who wrote *Legend* was a Christian too. I wonder if he had 1

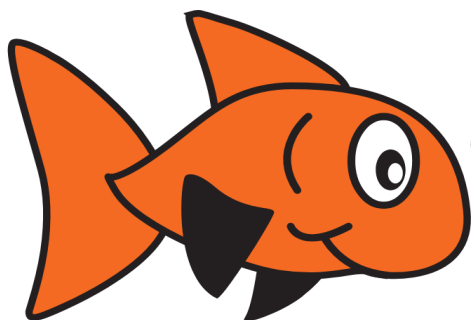
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BECKS FARM DIARY

The last six months have been marked by ups and downs—planted up—we now have a small number of willow trees planted on our marsh. Complete with their own guards to keep them safe and straight, they should harvest to make cricket bats in about ten years. More will be planted each year.

Put up— the installation of a deer-proof fence has now been completed.

Primarily to prevent damage in the vineyard, this will now protect any more vines planted in the future, and young trees planted in shelter belts next year.

Blown down and cleared up— numerous dead elms and broken branches have fallen in the winter gales. These have been sawn in lengths and removed to the farmyard. When dry or seasoned these will be logged and stored under cover.

Water table up—many days of rain in January and February restored the level of water in the ground (the pond beside Pound Hill is a good indicator of this)

Water table down—early April and the pond is gone. Irrigation systems are already being used on arable crops and BBC weather reports only 5% of normal rainfall locally! Fortunately our environmental fields are drought tolerant.

Vines down—after 2 nights of frost in the last week of April, all the green growth on the vines has been stopped in its tracks! It is not uncommon to get late frost, but global warming had given us several summer-like days, creating early growth which is very susceptible. Very disappointing, the vines will recover from their base, but no grapes this year.



Finally, something which left us all feeling down for a while, was the passing of our lovely old dog Bramble (14 years)

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HAINFORD & FRETtenham SCOUT GROUP

The group has been doing their bit for the environment by making battery recycle bins, and we are currently filling them with as many as we can.

For our feathered friends, we have been making bird feeders out of empty drink cartons. Hopefully these will help to keep the birds warm this winter.

For Burn's Night we did some Scottish themed games with a caber (drainpipe), toss the hammer (a wellie boot), sheaf toss, and we finished with a big tug of war. I think everyone had a great time but were all tired and ready for bed after all that, I know I was!

We have enjoyed an explosive night of popcorn on an open fire; this the cubs and beavers always enjoy.

As spring is approaching, we are looking forward to the lighter evenings and warm weather where we won't need torches or have to pull children out of the mud who have got stuck!

As always, if anyone has a hobby, interest or collection that they would like to come and talk to the children about, we would love to hear from you, so please get in contact with me- Mervyn Royal on 07889039135.

FRETtenham VILLAGE HALL

FILMS FOR OUR SUMMER SCHEDULE



Friday 26th June Song Sung Blue (2025) 12A (Drama/Musical)

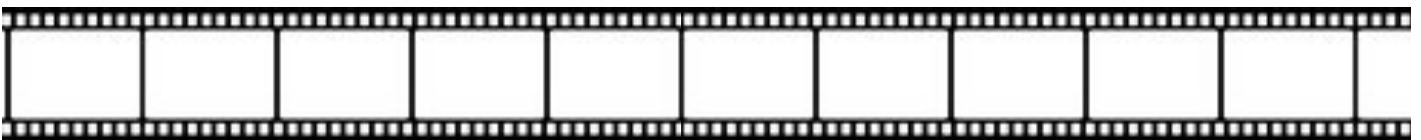
Starring Hugh Jackman and Kate Hudson

Two down on their luck musicians form a joyous Neil Diamond tribute band, proving it's never too late to find love and follow your dreams. But apparently a fairly standard rags-to-riches story is ruptured by a tragic twist of fate. Based on a true story.

Friday 31st July Hamnet (2025) 12A (period Drama)

Starring Jessie Buckley and Paul Mescal

Based on the novel by Maggie O'Farrell, who co-wrote the screenplay. Willaim Shakespeare (Paul Mescal), a young Latin tutor, falls in love with the free-spirited Agnes (Jessie Buckley) and marries her despite his parents' disapproval, in due course as a dramatist, leaving his family in Stratford. During his absence young Hamnet (Jacob Jupe) falls sick with the plague, and dies before his father arrives home. Later Agnes journeys to London to watch her husband's latest play, Hamlet.



August: no film to be shown due to the holidays

September: date change to the 3rd Friday of the month to 18th September.

Come and join us as we help keep our community connected.

Puzzle Page



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 picnics
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 fishing
 surfing
 hotdogs
 sandals
 outside
 travel
 museum
 bikes
 beach
 sand
 pool
 hot
 fun



Rev'd Joanna Haywood



Pilgrim Places, Holy Lives

What are you carrying?

On 23rd May some of us went on a mini pilgrimage together. Nothing too dramatic. There was no need for sandals, staffs, or sleeping under hedges. It was a gentle ramble, reflective and prayerful through the lanes and footpaths round here.

But pilgrimage has never really been about distance. It's about attention. About walking a little more slowly. About noticing that God is already there before we arrive.

Over the summer, we're going to spend some time exploring *Pilgrim Places, Holy Lives** – looking at some of the early pioneers of Christianity in England. People like Cuthbert, Hilda, Aidan, Bede, and others who carried the Christian faith through uncertain times with remarkable courage, gentleness and hope.

And one of the striking things about them is that most of them travelled light.

The stories describe these saints walking from village to village with very little: a few belongings, a prayer book perhaps, hospitality from strangers, and a deep trust in God. They knew that faith was not about buildings or status. It was about learning to walk with Jesus wherever the road led.

I wonder if we were packing a pilgrim's backpack for the summer, what would we put in it? Not practically but spiritually.

Maybe gratitude; that habit of noticing good things instead of just rushing past them.

Maybe patience; and that's a difficult one in a hurried world.

Maybe courage for whatever lies ahead in today's uncertain world.

Maybe prayer; not long complicated prayers, but simply learning to keep company with God during the day.

And perhaps we also need to travel a little lighter. Leaving behind some of the things we carry that were never meant to weigh us down quite so heavily: resentment, anxiety, the pressure to always be productive, the feeling that we must have everything sorted out.

Because pilgrims learn that not everything needs carrying.

One of the lovely things about pilgrimage is that we do not have to walk perfectly. We just keep putting one foot in front of the other. Sometimes joyfully. Sometimes tiredly. Sometimes with questions.

The good news of the Christian faith is that Jesus walks with us in all of it.

So this summer, whether you are travelling far away, staying close to home, walking across fields, sitting in gardens, or simply navigating ordinary life, perhaps ask yourself from time to time:

What am I carrying?

And what might God be inviting you to pick up — or gently lay down — for the journey ahead?

Every blessing

Rev'd Joanna

* Tuesday mornings 10.30-12.00 at the Rectory for 4 weeks from 2nd June

St Swithin's Church, Frettenham

The Electoral Roll – What is it and should I join?

We've just had the local elections and elected those who will govern us locally – at County Council level.

Have you ever wondered how the local church is governed? And who has a say in what happens there and how these historic buildings in our care are managed?

Each church has a Parochial Church Council (PCC) – not to be confused with the Parish Council. PCC members are the Trustees of the Parish Church and are responsible for the finances and church building. They work with the Rector in the ministry and mission of the church.

Those on the PCC are selected from and elected by those on the Church Electoral Roll, which is parish church's register of electors. These are people who consider themselves connected with or a part of the Parish Church, perhaps by attending worship or living nearby.

To join the electoral roll, you need to be over 16, baptised into the Christian faith and consider yourself to be part of the Church of England, living within the parish boundary or regularly attending worship at the church.

So should you join the church's electoral roll? Yes, if you consider yourself connected with and a part of your Parish Church. If you'd like to

please speak to our Rector, Rev'd Joanna or pick up a form from the back of church.

There are of course, many ways of contributing both practically with the upkeep of our buildings and churchyards as well as financially.

It would be lovely to have a wider representation of those in our villages associated with our churches, which deserve the love of the local community. They are here for all in the parish, for the good and not so good times in your life.

At Frettenham we will soon be launching our 'Friends of St Swithin's' which will focus much more on the restoration and refurbishment of our beautiful church, ultimately aiming to have water, toilet and kitchen facilities installed and improve the heating and lighting, so that we can have Arts Events there as well. If you're interested in this, please do get in touch.

Our next service at Frettenham will be to celebrate St Swithin, the Patron Saint of Frettenham Church. Come along and hear the wonderful myth about what happens if it should rain on St Swithin's Day – and the importance of rain and water in our everyday lives. Hope to see you on 12th July at 4pm, followed, of course, by tea and cake.



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- Great variety of homemade savoury snacks, cakes & sweet treats
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Joy Thai Food

Authentic Thai food takeaway
Open Thursday to Saturday
4pm - 8:30pm

Please order on 07775 362863
Facebook: Joy Thai Food

Michael Armes Pest Control

SAME DAY WASP SERVICE

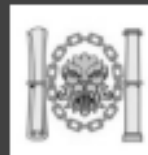


Free Surveys and Estimates
Competitive Rates
Fully Insured
RSH Certificate in Pest Control

For Professional Advice and Service
Call 01603 738431
or 07947 658359
12 Well Green Frettenham
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- FREE QUOTATIONS UPON REQUEST



CALL WAYNE: 07818 078636

EMAIL: SALES.NPHS@HOTMAIL.COM

Village Contacts

Cricket	01603 737505
Dog Club	01603 460644
Frettenham Funsters	01603 738948
Gardening Club	01603 890407
Nortons Dairy	01603 736569
Pre-School	07896 202657
Primary School	01603 737405
Rainbows	07392 488573
Scouts	01603 582590
Short Mat Bowls	01603 737553
St Swithins Church	01603 737255
Village Hall	07863 433399
Jessie's Baby	07818 674839

Other Contacts

Broadland District Council	01603 431133
Norfolk County Council	0344 800 8020
Anglian Water	0345 791 9155
UK Power Networks	105
Aylsham High School	01263 733270
Broadland High (Ormiston)	01603 782715
Sprowston High School	01603 485266
Norfolk & Norwich Hospital	01603 286286
Coltishall Surgery	01603 737593
Spixworth Medical Practice	01603 898583
St Faith's Surgery	01603 867532

WHAT'S ON AT THE VILLAGE HALL

Day	Time	Event
Every Wednesday	10:00am-12:00pm	Frettenham Funsters
Every Wednesday	10:30-11:30am	Mobile Post Office
Baby - Post Natal Yoga	10.30 – 11.30am	Jessie 's Yoga
1st Friday of month	7:30pm	Gardening Club
2nd Monday of month	7:30pm	Parish Council Meeting
Friday 26th June	6:45pm (7:30 start)	Film - Song Sung Blue
Friday 31st July	6:45pm (7:30 start)	Film - Hamnet
Monthly (day varies)	7:30pm	Village Hall Meeting

Please contact Sandra (number above) for any queries regarding the village hall.



THANK YOU FOR READING THE FRETTEHAM VILLAGE NEWSLETTER
FEEDBACK, IDEAS AND STORIES ARE ALWAYS WELCOME.
IF YOU HAVE ANY SUGGESTIONS PLEASE DO GET IN TOUCH.