

December 2023



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Parish Council

FRETTEHAM VILLAGE NEWSLETTER



Frettenham Parish Council are looking for volunteers to form a Community Group

We are seeking volunteers who take a pride in the local area and can spare an hour or two a month helping us with small community projects.



If you can help with ...

- Gardening
- Local history
- Litter Picking
- Carpentry
- Painting
- or just want to get to know your neighbours



Then we want to hear from you!

If you are interested in joining us or want to find out more, please contact the Clerk on 07562014003 or email

clerk.frettenhampc@gmail.com



NEWSLETTER CONTACTS

Editor & Advertising: Faye Layton E: frettenhamnewsletter@gmail.com
T: 07827 747279

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For updates on the Parish Council and village life, please visit our new website (www.frettenhamparishcouncil.org.uk) or visit the Frettenham Village Facebook page

PARISH COUNCIL NEWS

In the last newsletter we reported that we had a new email address: clerk.frettenhampc@gmail.com. The transition has now taken place and the old one has been closed down, so please ensure you use this one from now on. Not only do we have a new email address, but we also have a new website www.frettenhamparishcouncil.org.uk. This is gradually being built so please keep checking back to see updated information.

Volunteers Needed: The Council are looking for volunteers to join a new Community Group. Its purpose is to help with small projects around the parish which will help to make the place we live, somewhere we can be proud of. If you have some spare time to give us, please get in touch with the Clerk.

Changes to the Council: We welcome another new member to the Council since the last newsletter; Fiona Tibbett. Fiona has a great interest in all things environmental and amongst other issues, will be helping the council to meet it's new biodiversity obligations. We do still have a vacancy for co-option so if you are interested in finding out more, please contact the Clerk in the first instance.

Allotments: The Council have a waiting list running for any residents who wish to rent an allotment plot. If you would like to be added to the list, please contact the Clerk. On the subject of allotments, our tenants tells us that there have been issues with dogs running loose on the plots and instances of dog fouling. Please ensure, if you are walking your dog on the footpath around the site, that it is kept under proper control and any mess cleared up. Thank you.

Frettenham Against Speeding Traffic (F.A.S.T): The working party continue to explore possible solutions for this problem. Data obtained from the SAM2 device as it passes around the village is fed back to Norfolk Police regularly for their attention.

Defibrillator unit: Just to remind residents old and new that there is a defibrillator unit attached to the school wall and outside the Rose & Crown PH.

Frettenham Mobile Post Office Service: This service takes place on Wednesday mornings from 10.30 to 11.30. The Post Office van parks in the Village Hall car park. A wide range of services is available. Customers can still collect benefits in cash using the everyday banking services or Post Office card account.

New Editor Required: We are also looking for a new Editor for the village Newsletter. Faye is planning to step down as editor in order to provide more support to the village pre-school. If any residents are interested in taking on the role, please get in touch with Faye.

NEWS FROM DAN - OUR COUNTY COUNCILLOR

The Western Link has moved a step closer with the government signing off the business case for the road and a commitment of £213 million towards the cost. What is not clear yet is how much the projected cost of the road will have increased in the light of inflation. The plan has always been that the government would pay for 85% of the road with the rest coming from the County Council. A possible sticking point will be if the £213 million falls short of 85% of the cost. We should know by January.

I am sorry to report that the Mayton Wood recycling centre will close in December. The decision was taken despite 92% of respondents in the consultation being opposed to closure. Unfortunately, the Council prioritised the projected saving of £70,000 a year. It is not yet known what alternative use is planned for the site.

This may not be a good time to talk about consultations but one has just opened on the County Council budget for next year. The Council is proposing a further Council tax increase of 4.99% and cuts of £26.5 million.

A decision will be made on the “County Deal” by the County Council on 12th December. There are many arguments for and against – the main points in favour are the prospect of an extra £20 million a year for the County for the next 30 years. Those against will argue that other areas have received larger amounts of money and that with no indexing £20 million will not be worth nearly as much in 10, let alone 30 years. One of the big changes in accepting the deal will be that we will all have to go to the polls to elect a leader of Norfolk, probably next May. What would be very interesting would be if someone got elected with totally different views to the rest of the County Council.

As always if you have any questions or can help in any way on council matters please do contact me.

Dan Roper – Norfolk County Councillor:
Tel 07920441970
Daniel.roper.cllr@norfolk.gov.uk

NORTONS DAIRY



After a good long season grazing our grass meadows, the weather has certainly changed and the cows are back into the barns. The work pattern shifts at this time of the year, from moving cows between fields and electric fences along the paddocks to bedding down with fresh straw twice per day in the barns. This is helped along with a new piece of kit, the spread-a-bale, which attaches to the front of the JCB and, well, spreads a whole bale in no time. This is an upgrade from our older straw-chopper and makes things a little easier for everyone!

The large amount of rainfall we have had has also left us racing to get the winter cereal crops in the ground and growing before it gets too cold. We are most of the way there but still have a field or two to finish off once the ground dries out. These crops will form the harvest in summer next year and produce all the straw for next winters bedding.

Soft Cheese Successes!



In addition to our fresh milk, cream, butter and yogurt we produce a range of delicious soft cheeses. These are very simple, traditional cream cheeses made on the farm using just milk, cultures and a little salt and with the addition of apricot, chilli, lavender or black pepper and chive. We entered our cheeses into the International Cheese and Dairy Awards in the summer and were delighted to be awarded a gold medal for our soft cheese with apricots and a bronze medal for a soft cheese with chilli, a real achievement on an international stage!

Our very popular soft cheese selection boxes are returning this Christmas, providing a taste of five of our award-winning cheeses and including the seasonal addition, orange and cranberry. These make great gifts and are perfectly suited for a festive cheeseboard. These can be ordered directly from us for collection from the farm so please do get in touch to reserve yours.



Want to try our cheeses and other produce? Visit our website for a full list of stockists and remember that we also offer dairy to your door if you live in Frettenham, Hainford or St Faiths so be sure to get in touch to talk about receiving your own delivery.

Wishing you all a Merry Christmas from Nortons Dairy!

nortons

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FRETtenham RAINBOWS



The Rainbows had a great time joining in with Buxton and Rackheath groups for a joint Rainbow Campfire at Hautbois. We enjoyed some traditional campfire songs, hot chocolates and smores round the fire and all the girls had a great time meeting other Rainbows.

We've been using the Winter term for lots of seasonal fun. We've made Autumn wreaths and leaf puppets, paper bats and spooky cats for Halloween and indoor sparklers and paper rockets for Bonfire night. We've also celebrated Diwali, by learning all about the festival and making our own rangoli patterns with coloured sand.

This month we are going to get excited for Christmas, with cards, crafts and of course our exciting Christmas Disco to come!

If you've got a girl aged 4-7 who would like to join in the fun then please get in touch.

Abby, Sally and Teresa
Frettenham Rainbows

There was nothing silent about it. Beth looked longingly at the chair by the fire. It was already past midnight and she knew that if she slumped down into it she would wake in a couple of hours with a stiff neck. But she simply did not feel like she had the energy to make it to bed. It wasn't even her own bed – she and Nate were in the boxroom on a mattress because his mum and dad were staying. She didn't mind giving up her bed, but there was hardly room for one of them on the mattress.

She had been cooking, washing up, sorting out beds and welcoming people for two days now, and they weren't even at the big day yet! She heard the latch, put a smile on her face and turned to find out who needed something now. It wasn't one of the children, though, nor the guests. Nate came in from the yard with a torch. He looked as tired as she felt – he had been poring drinks all day, cleaning up, making sure everyone was happy. He had even played with the kids in the afternoon so she could sort out the supper.

She felt the temptation to take out her stress and exhaustion on him but she knew it wasn't his fault. Even if it was his folks in their bed. She had known what she was taking on when she married the inn-keeper. And she knew that this busy spell would help them fix the roof and get some new furniture made for the girls' bedroom.

She smiled at Nate and then saw the look on his face. He looked like he had just dug up treasure in their cellar. "What is it?" she asked him.

"It's that couple, the ones we put in the stable out the back. She's had her baby."

"Oh, Nate, that is lovely. I'm so glad it ended well, and that they got here. It's their first, isn't it? They're from somewhere up north, down here for the census, right?"

"Yes, that's it," Nate replied, "you've got to come and see, Beth. Come and see this little boy."

"You sappy thing – I'm sure he's lovely. You said a boy, didn't you? I'm sure he's just right, but I've seen three of my own. And the last thing that poor girl needs is people sticking their heads in".

But the inn-keeper just took his wife by the hand, led her out of the kitchen and across the yard. Quietly he pulled the door open and gently pushed her inside. The carpenter smiled at her and told her it was alright. Mary carefully stood up and passed her newborn son across to Beth. Taking him in her arms the inn-keeper's wife looked down into the face of God.

That happened. Over two thousand years ago a baby was born who was God himself. It is so important and wonderful that we still celebrate it each year, on 25th December. I am sure you know something of the work, tiredness and stress of Christmas. But you too can pause, and stop, and look in wonder into the face of God. To see Jesus is to know how deeply you are loved. It is to share his peace and laugh with his joy. It is to have hope chase away our despair and light flood our darkness. We would love to show you Jesus this Christmas, why not join us at one of our Christmas services? Christ will make you so welcome.

John Hindley



Sunday, 4pm at The River Rooms

Broadgrace church meets on Sundays at 4pm at The River Rooms in Coltishall. You can also join the meeting online using *Zoom* (details are on our website).

Children are a very welcome part of our Sunday meetings and we provide supper for them when the adults are having a cup of tea and biscuits.

To find out more about us, contact John Hindley or see our website:

www.broadgrace.org.uk | john@broadgrace.org.uk |
07790 007390

FROM THE VILLAGE ARCHIVE

We are very lucky in Frettenham with the number of volunteers that work tirelessly just to keep clubs and services available to the village and beyond.

One of these is the monthly Frettenham Film nights. The idea of showing films every month at the village hall was first suggested in 2010, a group of residents canvassed villagers to see if there would be enough support with people wanting to use the service and volunteers to run it. In January 2011 the first film that was shown was Ghost Writer, followed by Tamara Drew and One Flew Over The Cuckoo's Nest.

The Village Screen as it became known was run by Stan Ward and Tony Russell, the profits from each film going to the village hall funds. In the early days the equipment to show the films proved to be temperamental which was stressful for the volunteers operating the projector. The bar was available for those attending, along with teas and coffees and a weekly raffle. At that time the bar was run by Steven with Kim and Holly from the Rose and Crown. Teas and coffees were provided by Valerie Smithson and Christine Asker, entry was £4 and a £1 for a strip of raffle tickets to increase the revenue. Later the projection equipment was updated with a permanent screen that disappears into the ceiling.

In 2017 Stan and Tony felt that it was time for someone else to take over and Mike and Alison Brown stepped in which included running the bar, which has its own licence, with the profits going to the village hall.

The monthly films continue to be well supported with both villagers and residents from the surrounding villages. It is an opportunity to meet up and chat with friends and neighbours and enjoy a good film.

Mike and Alison have recently decided to step down from their roles after the next film. We would like to thank them for all that they have done to enable the film night to continue for the last 6 years, for which we are very grateful. We also wish any new volunteers all the best with continuing to provide the service for the benefit of the villagers and wider parishes.

If anyone would like to take over the running of Films at Frettenham, please contact Alison (Tel. 01603 737504) for more information.

BECK FARM DIARY

The last few weeks I've been hedge cutting at Beck Farm and the usual road-sides, in and around Frettenham. While cutting Pound Hill, I noticed a lot of water laying at the edge of the road, which was getting thrown onto the hedge by passing traffic. Not a problem at the moment, but if the road gets salted, then the hedge is doomed. I decided to dig out the three grubs, meant to drain this section of road, as soon as I could. I removed mud, ivy and nettle roots and picked up a dozen drink cans (empty!) in the process. The road now drains quicker and looks tidier. Uncanny!!

On the morning of 'Storm Ciaran', I got a call to let me know that a small oak tree was lying in the road on Buxton Road. There was evidence to indicate that someone had moved this tree to the side, to allow vehicles to pass - a big thank you to whoever this was. The small oak was growing in the shadow of a bigger oak, had been strangled by ivy, and fell due to the saturated soil. Anyway, 30 minutes with my chainsaw (lightweight, battery powered, these days), and 10 minutes loading the logs and the road was clear. Not a huge ecological disaster, as 2 young oaks have been left to grow in other parts of this hedge.

There are also 2 or 3 fallen branches to clear around the farm, as a result of the storms, (or disease)—though not this morning as 'Storm Debi' has arrived, and is currently blasting squalls of rain out there. Strong enough to create some more fallers!

Q. "What is growing on Mill Field?"

A. Brassica.

Back in September, liquid digestate (a byproduct of the anaerobic digestion process) was applied to the field. This was incorporated into the top soil by a one-pass cultivator, which also sowed the brassicas. They will take up all the nutrients from the soil as they grow. In the spring, they will be desiccated, and the nutrients can then be used by the next crop, which will be maize for the AD plant. The brassicas act as a 'cover crop' through the winter, preventing leaching of nutrients and soil erosion by rainwater runoff.

Philip

FUNDRAISING IN FRETtenham

Breast Cancer Coffee Morning

A Breast Cancer Coffee morning was held at the Rose & Crown on Friday 20th October.

TOTAL AMOUNT RAISED - £1000.00

A huge THANK YOU to Sam who provided the use of the pub and all the teas and coffees, and to her staff and friends who served you all. Also thanks to Nortons Dairy for donating the milk and butter, and for donating a prize for the tombola, and to Morrisons at Catton for donating flour, eggs, cheese, etc. and a bottle of wine for the tombola.

Another huge thank you to everyone who donated such a wonderful selection of fabulous cakes, scones, cupcakes, flapjacks, biscuits and other delicious donations, plus all of you who donated tombola and raffle prizes. Thanks also to those of you who could not make it but so kindly made a donation, and to those of you who remembered loved ones on the memory tree.

A special thank you to Carol and Trevor for all their hard work helping on the day and for looking after the raffle and tombola; and for raising an extra £70.00 by holding another tombola and donation box on their last museum open day for this year on Sunday 22nd October. Also thanks to the customers of the Rose & Crown for their additional kind donations for the final cakes and to the couple who donated their prize for winning Halloween fancy dress.

Those two hours from 10am to midday on the coffee morning saw many of you supporting this worthwhile cause during atrocious weather; we could not have done it without you.

We THANK YOU most sincerely for your kind support.
Linda & Sam

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We have spaces available for January and for the Spring term; please contact us if you would like to come and visit or would like more information. Please find us on Facebook for information on upcoming fundraising activities.

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Frettenhamvillagehall@gmail.com

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Dog Club	01603 460644
Frettenham Funsters	01603 738948
Gardening Club	01603 890407
Hall Health & Fitness	07767 463816
Nortons Dairy	01603 736569
Pre-School	07896 202657
Primary School	01603 737405
Rainbows	07392 488573
Scouts	01603 582590
Short Mat Bowls	01603 737553
St Swithins Church	01603 737255
Village Hall	07863 433399

Other Contacts

Broadland District Council	01603 431133
Norfolk County Council	0344 800 8020
Anglian Water	0345 791 9155
UK Power Networks	105
Aylsham High School	01263 733270
Broadland High (Ormiston)	01603 782715
Sprowston High School	01603 485266
Norfolk & Norwich Hospital	01603 286286
Coltishall Surgery	01603 737593
Spixworth Medical Practice	01603 898583
St Faith's Surgery	01603 867532

WHAT'S ON AT THE VILLAGE HALL

Day	Time	Event
Sunday 10th December	11:00am-3:00pm	Christmas Fayre
Every Wednesday	10:00am-12:00pm	Frettenham Funsters
Every Wednesday	10:30-11:30am	Mobile Post Office
1st Friday of month	7:30pm	Gardening Club
2nd Friday of month	7:00pm	Parish Council Meeting

There will be no Parish Council meeting in December; next meeting date - 12/01/24

Monthly	7:30pm	Village Hall Meeting
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Please contact Sandra (number above) for any queries regarding the village hall.



THANK YOU FOR READING THE FRETTEHAM VILLAGE NEWSLETTER — FEEDBACK, IDEAS AND STORIES ARE ALWAYS WELCOME.

IF YOU HAVE ANY SUGGESTIONS PLEASE DO GET IN TOUCH.

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