

March 2024



Published Quarterly by Frettenham  
Parish Council

# FRETtenham VILLAGE NEWSLETTER



For updates on the Parish Council and village life, please visit our new website ([www.frettenhamparishcouncil.org.uk](http://www.frettenhamparishcouncil.org.uk)) or visit the Frettenham Village Facebook page

**We are looking for a  
New Editor**

If you are interested in taking on the role of Editor of the village newsletter, please get in touch

## NEWSLETTER CONTACTS

Editor & Advertising:	Faye Layton	E: <a href="mailto:frettenhamnewsletter@gmail.com">frettenhamnewsletter@gmail.com</a> T: 07827 747279
Distribution:	David Yaxley	T: 01603 738355

## PARISH COUNCIL NEWS

**Community Group:** The Council are always looking to welcome new volunteers to join our new Community Group. The first litter pick is planned for **Saturday 23<sup>rd</sup> March at 10.00am** and is being run in conjunction with The Big Broadland Litter Pick 2024. The group will meet at the village hall and everyone is welcome. All equipment will be provided and it's a great opportunity to meet other residents and help to make the village a nicer place for everyone. Other projects are being considered and more information will be shared via the Council website when available. If you have any questions, or wish to be kept up to date with future activities, please contact the Clerk.

**Frettenham Against Speeding Traffic (F.A.S.T):** The Council have managed to secure funding for the installation of 'White Gates' on the Buxton Road as you enter the village. These are often seen at the entrance to villages and act as a visual reminder to drivers that they are entering a built up area and there is a speed restriction. Thank you to District Councillor Dan Roper for funding this project.

**Neighbourhood Plan:** The Council have recently attended training to find out more about the benefits and the process of producing a Neighbourhood Plan for the village. It has been agreed by Council to progress further and the next step is to recruit volunteers to join with Councillors to work on this. It is a significant piece of work which can only be taken forward with sufficient help. If you are interested in finding out more, there will be an information session at the Annual Parish Meeting on Friday 10<sup>th</sup> May @ 7.30pm at Frettenham Village Hall. Please do come along and find out more and let us know what you think. If you have any specific skills or experience which may be useful or if you have any questions, please contact the Clerk.

**Precept for 2024/25:** Precept is a tax that Parish Council's charge their local electors to meet their budget requirements. Parish Councils do not receive any direct funding from central government and rely on their precept plus any other income they generate from services or facilities they provide. The Parish Council Precept is part of the Council Tax and is collected from local electors via their Council Tax payments. Following a review of finances, the Council have had to take the difficult decision to increase the precept for the next financial year. The impact of this on a Band D property will be an annual increase of £18.99. This is largely due to the precept having not been increased for the past two years and with the increasing costs, means that the Council has been running at a small loss, which now needs to be made up. It is also the Council's intention to improve the performance of the Council for the benefit of the community. The Council has been mindful of the increasing costs on all households at this time but will always try to maintain as low a precept as possible.

**Joining the Council:** We do still have a vacancy for co-option to the Council, so if you are interested in finding out more, please contact the Clerk in the first instance

**Allotments:** The Council have a waiting list running for any residents who wish to rent an allotment plot. If you would like to be added to the list, please contact the Clerk.

**Defibrillator unit:** Just to remind residents old and new that there is a de-fib unit attached to the school wall and outside the Rose & Crown PH.

**Frettenham Mobile Post Office Service:** This service takes place on Wednesday mornings from 10.30 to 11.30. The mobile van parks in the Village Hall car park. A wide range of services will be available. Customers can still collect benefits in cash using the everyday banking services or Post Office card account.

**New Editor Required:** We are looking for a new Editor for the village newsletter. Faye is planning to step down as editor in order to provide more support to the village pre-school. If any residents are interested in taking on the role, please get in touch with Faye via telephone (07827 747279) or email (frettenhamnewsletter@gmail.com).

**Mobile Library:**

Norfolk County Council's mobile library visits the village every 4 weeks, stopping on Buxton Road, Hill Farm (Croswick) and Post Office Road/Well Green.

Village	Stop Name	Arrival	Departure	Post code
Frettenham	Buxton Road Bungalows	10:00	10:20	NR12 7NG
Croswick	Hill Farm	10:30	10:50	NR12 7BA
Frettenham	Post Office Road/Well Green	10:55	11:10	NR12 7AB

**NB: The Annual Parish Meeting will be held on Friday 10th May 2024 @ 7.30pm at Frettenham Village Hall.**

**Clerk to the Council:**

Anne Tandy  
48 Green Lane West, NR13 6PG  
T: 07562014003  
E: clerk.frettenhampc@gmail.com  
W: frettenhamparishcouncil.org.uk

## **NORTONS DAIRY**

Despite such a huge amount of rain in recent months, our cows have remained dry in the barns and our crops are holding their own in the fields. Hopefully spring has some drier weather in store for us all!

We have plans to make some alterations and improvements to the barns this year, allowing us to utilise our space better. As always, it will be the health and welfare of our cows that takes priority. As an older farm, with buildings of various ages, we have different levels throughout the barns and one of the things we hope to achieve is a reduction in steps and level changes. This will allow the cows to move more easily through the space and allow us better access with the necessary machinery. This work will take place throughout the spring/summer/autumn when the herd will be spending their time grazing the fields, and out of the way!



### **Dates for the Diary**

We will be attending several foodie events this spring with our soft cheeses -

Sunday 28<sup>th</sup> April – Eves Hill Farm Spring Market  
Sunday 19<sup>th</sup> May – The Tacons Asparagus Festival  
Saturday 25<sup>th</sup> May – Beccles Food and Drink Festival  
Sunday 26<sup>th</sup> May – Reepham Food and Drink Festival

We also attend Creake Abbey (near Burnham Market) farmers market on the first Saturday of every month and Black Barn farmers market (in Salhouse) on the second Saturday of every month.

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## FRETtenham VILLAGE HALL FILM SCHEDULE

**Please come and join us for only £5 per person which includes a free raffle ticket. Doors open 6.45 starts at 7.30 and the Bar is open!**



**Good Friday 29th March                  WONKA**

A perfect family film for Easter, based on the Ronald Dahl's extraordinary character from the beloved book Charlie and the Chocolate Factory. Wonka tells the wondrous story of the greatest inventor, magician, and chocolate maker. Young Willy Wonka is full of ideas and determined to change the world one delectable bite at a time, thus proving that the best things in life begin with a dream and that anything is possible

**Friday 26th April                                  The Miracle Club**

1967 in Ballygar, a hard-knocks community in outer Dublin. For the womenfolk who dream of throwing off the shackles of domestic life for a short moment of freedom, there's just one chance: to win a pilgrimage to the sacred French town of Lourdes. And with a little benevolent interference from their cheeky and rebellious priest, close friends Lily, Eileen, Dolly and Sheila are the lucky few to win this ticket of a lifetime at their riotous local raffle night.

## FRETtenham RAINBOWS



We've had a great start to the year at Rainbows, where we have been learning about some celebrations around the world. We've made Chinese New Year dragon puppets, tried Scottish shortbread for Burns Night and herded a flock of Rainbow sheep for St. David's Day!

We are also completing our Skills for My Future theme, so have learnt about what it takes to be a leader, how to spend and save money and what makes us special as individuals.

At the start of March we joined in with other Rainbows, Brownies and Guides from across the District to celebrate Thinking Day, the annual celebration for Guiding around the world. We had a brilliant day at Broadland High School, full of crafts, games and songs where we learned about the 4 worldwide Guiding centres. We made snow globes in Switzerland, weaved decorations in Mexico, tasted Indian tea and treats and created African art postcards. The girls had a great day and got to make some new friends with the other 100 girls who attended!

Looking forward to the Spring we are excited about some brighter evenings to hopefully get out into the garden, and some Easter crafts are on the agenda. We are however running low on Rainbows at the moment, so need to boost up our numbers! If you know of any girls aged 4 to 7 who would like to join the fun then please get in touch. Also keep your eyes peeled for a taster session we will be running after Easter - details to come!

Abby, Sally and Teresa  
**Frettenham Rainbows**

## FROM THE VILLAGE ARCHIVE

I have been looking back over the Village Archives for stories of the village. I was struck by a poster and programme of events for Frettenham Festival which was held on Sunday 8th August 2010. Whilst this is recent history I was reminded of how much has changed in such a short passage of time. The event was run by volunteers, mainly from the village, and it took a lot of hard work but it was fun and it brought lots of people to the village and raised money for the village hall.

Frettenham Festival and classic car and vehicle show started in 1992 and was an annual event which for a village our size was always a big event, but the festival in 2010 stands out. The pre-show details were looking for sponsorship, prizes and much needed support from villagers. The Festival had all of the usual stalls; tombola, donkey rides, hog roast, burgers, fish and chips, beer tent, teas and cakes, but this year excelled with its entertainment and events.

The attractions included classic cars and vehicles, The Marine Cadet band, heavy horses pageant, wildlife rescue and birds of prey, grass track speedway, woodturning, singers, jazz band, terrier racing, dog agility, bouncy castle, craft tent, rides and children's races . The highlight of the event was the English Civil War Battle Re-enactment Society - Sir Thomas Lunsford's Regiment of Foote. There was certainly something for everyone.

The Eastern Evening News for Monday 9th August covered the Frettenham festival. On the front page was a picture of the re-enactment and there was a full article in the paper with colour photographs, the headline read 'Civil war comes to Norfolk' The report went on ...

"Dozens of angry soldiers from the year 1643 descended upon a normally peaceful village at the weekend to battle it out for control of the country." History fanatics donned their cloth caps and leather boots and turned the clock back and re-enacted part of the English Civil War with the sounds of beating drums, cannons and muskets booming across the arena as the Roundhead Army approached the Cavaliers. The costumes were convincing and their weapons and drums were intimidating and the noise from the guns were deafening and they created a real step back in time.

The Frettenham festival was an annual event, it required lots of work from the villagers but it was well attended and brought us all together and was an important part of the annual calendar. It was hard work but also fun and gave us a true sense of belonging to a community. Sadly this is another sign of the times when residents are no longer motivated by homespun entertainment or have time for fund raising or attend local events.

I have been producing the village history for the newsletter for several years and would welcome ideas and stories from other villagers who have recollections of village life and events. Please feel free to get in touch.

Geoff Woods 01603 737711

In robes of shimmering gold, Charles III sat holding two rods of kingly authority. An orb sat at the top of the one in his right hand, with a cross on top of the orb. The Archbishop of Canterbury, cross around his neck, carefully lowered a cross-mounted crown onto the King's head. The building, regalia and dress of many of those taking part in the coronation were adorned with crosses.

This is no surprise. The cross is the symbol of Jesus Christ so of course it is prominent in Christian services and ritual. But perhaps it should surprise us. For it is a symbol of Jesus' death.

The orb might be better with an empty tomb on it. Surely we celebrate the reign of Christ as the risen king, the one who broke the power of death and strode out of the tomb on the first Easter Sunday? Surely our churches should have doves on their spires, to symbolise the ongoing work of the Holy Spirit, or that same empty tomb to proclaim the life and rule of Jesus?

No. A cross is more apt.

Because Jesus came to die. And, strangely, it is in his death on a Roman cross that Jesus is most clearly seen. The whole thing can seem strange to us – barbaric, distant and of little relevance to our lives in Frettenham in 2024. Yet the incredible relevance of this death is that it was for us. The God who sits on the throne of heaven is the man Jesus Christ who loved us enough to die for us.

You might (very fairly!) wonder how Jesus' death was 'for you' but before we get to that, just pause and consider what it might mean. Jesus himself said, 'Greater love has no-one than this, that someone lay down his life for his friends'. We are counted as friends by God; as friends for whom he will lay down his life. It would be an amazing thing to have King Charles as a friend, how much more amazing to number the Lord God, the King of kings among your friends?

It is a strange friendship, though. For we do not pay much heed to Jesus. Our prayers are few (and mostly when we are desperate) and our worship of him is, at best, sporadic. Mostly we live for ourselves. We are not that bad, in most ways, we tell ourselves; but we are self-centred. I find it so easy to work out what is best for me. I am so quick to feel the injustice when I am treated badly. I am so ready to justify myself when I treat others badly. I sin.

We do not love our neighbours as ourselves, let alone love God with all our heart, soul and strength. Jesus died to forgive us. He died to take the punishment for the things we never admit we have done; the words we wish we could take back; the condemning thoughts that plague us in the small hours. Our regrets hint at the guilt we have before God. As he died, Jesus took our selfishness into himself and carried it down to death with him. He freely bore our guilt, shame and punishment in our place. So we can be free. We can be forgiven, loved and welcomed by the God who made us.

We feel so adrift, so often. We struggle to know who we are and why we matter. The cross that stands atop every crown tells us that we are dearly loved friends of God. That is the glory of Jesus. He is Christ crucified and risen; and he knows us and loves us. Happy Easter!

*John Hindley*

## Sunday, 4pm at The River Rooms



Broadgrace church meets on Sundays at 4pm at The River Rooms in Coltishall. You can also join the meeting online using *Zoom* (details are on our website).

Children are a very welcome part of our Sunday meetings and we provide supper for them when the adults are having a cup of tea and biscuits.

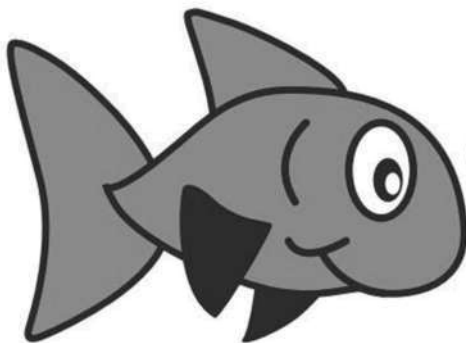
To find out more about us, contact John Hindley or see our website:

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 [john@broadgrace.org.uk](mailto:john@broadgrace.org.uk)

 [@TiddlersBabyAndToddlerGroup](https://www.facebook.com/TiddlersBabyAndToddlerGroup)



# Tiddlers

## Baby and Toddler Group

All Welcome!

A friendly group for little ones (from ages 0-4) with playtime, songs and stories. There is also coffee, cake and chat for grown-ups. Parents, Carers and Grandparents are all really welcome. For more details you can email us, follow us on Facebook or you can just turn up! £2 per family suggested donation.

## BECK FARM DIARY

The last words of my previous diary were “rainwater runoff”. I didn’t know that the winter was about to turn very wet. After weeks of storms and rainfall, a few dry days allowed a chance for drilling winter cereal crops. Two large fields close to the village were nearly finished when a downpour occurred, causing the freshly tilled soil to cap, which prevented the water from soaking in. With these fields sloping towards Hall Lane, and further frequent heavy rains, water soon flooded the bend despite the farms best attempts to contain it with a soil bank. Of course some soil was carried onto the road, but is also created by the wash on the verges caused by traffic.

When flooding on the Hall Lane bend first occurred, a village resident contacted me, asking if the Parish Council could do something about it. I rang Highways who said they were aware of this problem; flood warning signs were put in place, and the roadside groups were cleared a couple of weeks later. Despite continuing heavy rainfall, this bend now drains much faster!

So how are Beck Farm fields coping with this very wet winter? Fairly well I’d say. Most have environmental grass, clover, and flower mixes which are sown on free draining land. There are two of these fields which currently have small lakes at their lowest level, indicating where the water table has risen to! The marshland is the floodplain for the two streams and water levels rise and fall, causing flooding on several occasions, which is natural and expected.

More unusual is the flooding at the Grange Road junction with the Buxton Road, in Hainford. This is a level area, and the junction must be ever so slightly lower. It is known locally that Hainford has a high water table, and I guess this winter has saturated the surrounding fields causing the junction to flood. I have seen this just once before, and then, the water breached the bank of the Church Farm field hedge to the east. Perhaps the roadside groups need clearing here too!

Another inch of rain has fallen in the last 24 hours, but we have managed to find a couple of hours to plant some more trees and hedging. Nice easy digging in the gappy field banks and a good moist start for the saplings!!

Philip.

## COLTISHALL GROUP OF PARISHES

### ALL SAINTS, HAINFORD CHURCH SERVICES

All services at Hainford start at 9.30am unless specified.  
Car Park is opposite, next to Hainford School.

17 <sup>th</sup> March	Morning Prayer
24 <sup>th</sup> March	Palm Sunday Holy Communion
<b>29<sup>th</sup> March</b>	<b>Good Friday Benefice 10.00am</b>
31 <sup>st</sup> March	Easter Day
<b>7<sup>th</sup> April</b>	<b>Benefice Holy Communion 10.00am</b>
14 <sup>th</sup> April	Morning Prayer
21 <sup>st</sup> April	AGM followed by Holy Communion <b>9.00am</b>
28 <sup>th</sup> April	Morning Prayer
5 <sup>th</sup> May	Holy Communion
12 <sup>th</sup> May	Morning Prayer
19 <sup>th</sup> May	Holy Communion
26 <sup>th</sup> May	Morning Prayer

June will follow in the same pattern as May.

If there is a 5<sup>th</sup> Sunday in a month we have a benefice service which will be at one of the 5 churches in the Benefice.

Please check a **church near you webpage** for details.  
See also : [www.coltishallgroupofparishes.wordpress.com](http://www.coltishallgroupofparishes.wordpress.com)  
Sheena MacRonald 07763 145611 or 01603 890442  
Church Warden and PCC Secretary

**BEAT THE SUMMERTIME BLUES ...**  
WITH AN EVENING OF REFRESHMENTS & MUSIC BY THE HUGS  
HAINFORD UKULELE GROUP  
SUPPORT YOUR LOCAL BAND!  
Saturday 20th July, 2024 at 7pm  
Hainford Church (All Saints), Newton Rd, Hainford NR10 3BQ  
Tickets £5 (includes prize draw), available from Sheena on 07763 145611  
proceeds to the upkeep of the church  
Refreshments and raffle on sale in the church, cash only

### Fundraising events in Hainford Church

#### An Evening of Music and refreshments with the HUG's

Saturday **20<sup>th</sup> July**, 2024 at 7pm for 7.30 start

Tickets £5 (includes prize draw), available from Sheena on 07763 145611  
proceeds go towards the upkeep of the church

Refreshments and raffle. **Note the new date.**



# Frettenham Village Hall

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Fitness classes throughout the week and weekends with Hall Health & Fitness, regular weekly clubs from Funsters, Short Mat Bowls & Dog Training, Monthly Gardening Club and Film Night, Sunday Football with Frettenham FC and home to the newly promoted Frettenham Cricket Club.

New changing facilities with disabled toilet and showers.

**To Hire the Hall or Playing Field Please Email**

**[Frettenhamvillagehall@gmail.com](mailto:Frettenhamvillagehall@gmail.com)**

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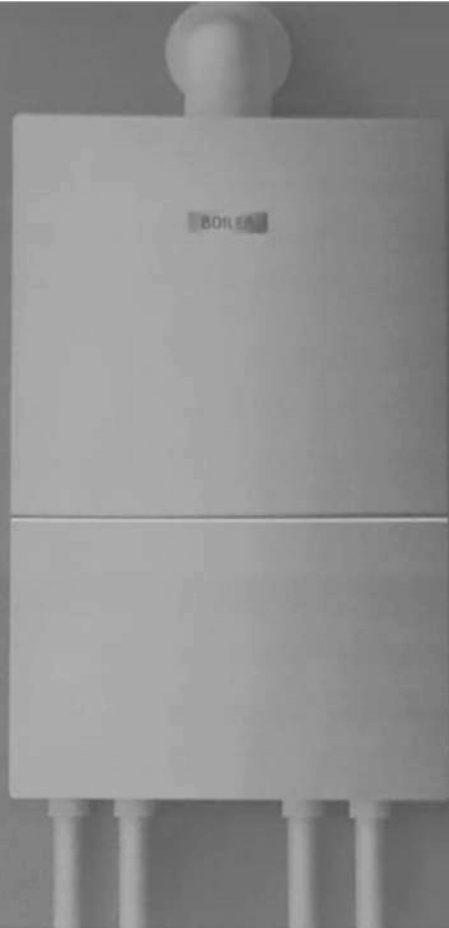
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Norwich NR12 7LS

Illustration of a person sitting at a desk with a laptop, surrounded by musical notes and a speech bubble.

**We are looking for a  
New Editor**

If you are interested in taking on the role of Editor of the village newsletter, please get in touch

# INSTALLATIONS


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## UPCOMING FUNDRAISING EVENTS

# QUIZ & CHIPS



**FRETTEHAM VILLAGE HALL  
SATURDAY 11TH MAY**

**7PM**



**TEAMS UP TO SIX**

**RAFFLE**

**TEAS & COFFEES**

**POP TO THE ROSE & CROWN FOR  
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Hainford and Frettenham Pre School

Find us on Facebook

# SUMMER FETE

Sunday 9th June  
11am-3pm

Frettenham Village Hall NR12 7NN

JOIN US FOR A FUN FILLED FAMILY DAY OUT!

Variety of stalls  
Raffle and Tombola  
Street Food Vendors  
Bungee trampolines  
Glitter bar  
Music and much more!

On site parking £1 per vehicle

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WITH AN EVENING OF REFRESHMENTS & MUSIC BY THE HUGS

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Saturday 20th July, 2024 at 7pm  
Hainford Church (All Saints), Newton Rd, Hainford NR10 3BQ

Tickets £5 (includes prize draw), available from Sheena on 07763 145611  
proceeds to the upkeep of the church

Refreshments and raffle on sale in the church, cash only

Friends of Frettenham Primary School

# FRETtenham GARAGE SALE

SUNDAY 7<sup>TH</sup> JULY 2024  
10:00 AM - 1:00 PM

£8 per house to sign up (all money from pitch fees goes to Friends of Frettenham Primary School PTFA)

To sign up, go to [www.pta-events.co.uk/frettenhamfriends](http://www.pta-events.co.uk/frettenhamfriends)

Alternatively, you can post £8 in an envelope with your address on to 11 School Road (opposite school)

## Village Contacts

Cricket	01603 737505
Dog Club	01603 460644
Frettenham Funsters	01603 738948
Gardening Club	01603 890407
Nortons Dairy	01603 736569
Pre-School	07896 202657
Primary School	01603 737405
Rainbows	07392 488573
Scouts	01603 582590
Short Mat Bowls	01603 737553
St Swithins Church	01603 737255
Village Hall	07863 433399

## Other Contacts

Broadland District Council	01603 431133
Norfolk County Council	0344 800 8020
Anglian Water	0345 791 9155
UK Power Networks	105
Aylsham High School	01263 733270
Broadland High (Ormiston)	01603 782715
Sprowston High School	01603 485266
Norfolk & Norwich Hospital	01603 286286
Coltishall Surgery	01603 737593
Spixworth Medical Practice	01603 898583
St Faith's Surgery	01603 867532

## WHAT'S ON AT THE VILLAGE HALL - MARCH-JUNE

Day	Time	Event
Every Wednesday	10:00am-12:00pm	Frettenham Funsters
Every Wednesday	10:30-11:30am	Mobile Post Office
1st Friday of month	7:30pm	Gardening Club
2nd Friday of month	7:00pm	Parish Council Meeting
Saturday 23rd March	10:00am	Village Litter Pick
Friday 29th March	6:45pm	Film - Wonka
Friday 26th April	6:45pm	Film - The Miracle Club
Friday 10th May	7:30pm	Annual Parish Meeting
Saturday 11th May	7:00pm	Quiz & Chips
Sunday 9th June	11:00am-3:00pm	Summer Fete
Monthly (day varies)	7:30pm	Village Hall Meeting

Please contact Sandra (number above) for any queries regarding the village hall.



THANK YOU FOR READING THE FRETTEHAM VILLAGE NEWSLETTER — FEEDBACK, IDEAS AND STORIES ARE ALWAYS WELCOME.

IF YOU HAVE ANY SUGGESTIONS PLEASE DO GET IN TOUCH.